



Antenatal information provided by midwives

Information for patients

A WARM WELCOME...

Information on labour and delivery, including guided tour

This information session will provide answers to the following questions:

- ✗ What is the best way to manage discomfort and pain?
- ✗ When should I come to the hospital?
- ✗ How does the reception procedure work in the delivery suite?
- ✗ What can I, the father or partner, do during labour and delivery?
- ✗ What are the main things to focus on during labour and delivery, and the first few moments with our new baby?

You will be given a guided tour of the delivery suite and maternity wing, with plenty of opportunities for questions.

Practical information

Registration

Because groups are limited to just 10 couples, preliminary [registration is mandatory](#).

You can register by calling 016 34 47 50 (gynaecology and obstetrics consultation) or sending an e-mail to raadpleging.gynaecologie@uzleuven.be.

Reporting

On the day in question report with your identity card at the automatic registration unit in the UZ Leuven Gasthuisberg campus reception hall.

Location

The tour starts in the [Renaer auditorium](#) of the gynaecology and obstetrics department.

Follow the orange arrow. Take the stairs or lift behind the coffee shop in the reception hall to go to the -1 floor, and follow the signs.

Duration

The information session takes approximately [2 hours](#).

Cost

Your personal contribution to the tour will be [€ 8](#), following reimbursement of your health insurance fund.

This amount will be [included in your invoice](#).

CONSCIOUS CHOICE ...

Information on breastfeeding

The following questions and topics will be covered during the information session:

- ✗ How do you make the right choice?
- ✗ How does breastfeeding work?
- ✗ Task and role of father or partner with respect to breastfeeding.
- ✗ Starting and maintaining milk production.
- ✗ The first few, sometimes difficult, days...
- ✗ Prevention and treatment of cracked nipples, hyperlactation and other problems.
- ✗ What should you do if your baby finds it difficult to feed or in the event of growth spurts?
- ✗ Organisation at home: support, setting priorities...



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Design and implementation

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Comments or suggestions pertaining to this brochure can be submitted via communicatie@uzleuven.be.

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