



# 35<sup>th</sup> International Winter Symposium

## OBSTETRIC ANESTHESIA

**February 6<sup>th</sup> - 8<sup>th</sup>, 2020**



[www.uzleuven.be/en/anesthesiology/wintersymposium](http://www.uzleuven.be/en/anesthesiology/wintersymposium)

The Department of Anesthesia,  
University Hospitals,  
Catholic University of Leuven, Belgium  
presents

The 35th International Winter Symposium

### Obstetric anesthesia

February 6<sup>th</sup> – 8<sup>th</sup>, 2020  
UZ Leuven, Belgium



Campus Gasthuisberg

Onderwijs & Navorsing 1

Herestraat 49, 3000 Leuven

+32 16 34 42 70

[wintersymposium@uzleuven.be](mailto:wintersymposium@uzleuven.be)

[www.uzleuven.be/en/anesthesiology/wintersymposium](http://www.uzleuven.be/en/anesthesiology/wintersymposium)

---

## Thursday, February 6th, 2020

---

### Session 1: Ethics and economics

Chair: Vincent Bonhomme,  
Xandra Schyns-van den Berg,  
An Teunkens

<b>1800-1825</b>	Registration and welcome	
<b>1825-1830</b>	Opening	Marc Van de Velde
<b>1830-1855</b>	The added value of fetal surgery	Jan Deprest
<b>1855-1920</b>	What is the correct C-section rate from an economical and medical perspective?	Jute Richter
<b>1920-1945</b>	The added value of simulation training in obstetric anesthesia	Elke Van Gerven
<b>1945-2010</b>	Training quota, MaNaMa and modern education in specialist training: What now?	Paul Herijgers
<b>2010-2035</b>	The key role of anesthesia in peri-operative medicine	Patrick Wouters
<b>2035-2130</b>	Panel discussion	

---

## Friday, February 7th, 2020

---

### Session 2: Fetal and placental physiology

Chair: Steffen Rex,  
Cynthia Wong

0800-0825	Registration and welcome coffee	
0825-0830	Welcome and opening	Marc Van de Velde
0830-0855	The placenta and uteroplacental perfusion	Roshan Fernando
0855-0920	Best practice in the use of uterotronics	Jose Carvalho
0920-0945	Breastfeeding and anesthesia	Sarah Devroe
0945-1010	Nonobstetric surgery during pregnancy	Jeanette Bauchat
1010-1035	Coffee Break	

### Session 3: Labour analgesia

Chair: Geertrui Dewinter,  
Eva Roofthooft

1035-1100	The physiology of labour pain and the effects on mother and child	Emilia Guasch
1100-1125	Neuraxial labour analgesia: The Past, The Present and The Future	Cynthia Wong
1125-1150	Non-neuraxial labour analgesia	Neil Muchatuta
1150-1215	Neurologic complications associated with neuraxial anesthesia and pregnancy	Ronald George
1215-1330	Lunch <b>For participants/moderators of the workshops on the 7<sup>th</sup> floor, catering is available there!</b>	

### Session 4: The pregnant patient with co-morbidity

Chair: Sarah Devroe,  
Vera Saldien

1330-1355	The difficult airway	Robin Russell
1355-1420	Pre-eclampsia	Nuala Lucas
1420-1445	The Obese Parturient	Ashraf Habib
1445-1510	Postpartum headache: DPH and more...	Jose Carvalho
1510-1535	Iron deficiency and anemia in the peripartum period and parturient blood management	Andrew Klein
1535-1600	Coffee Break	

### Session 5: Anesthetic challenges and complications

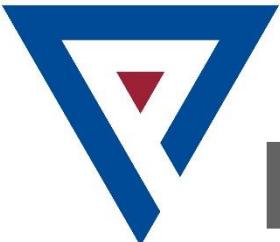
Chair: Layth Al Tmimi,  
Pierre-Yves Dewandre

1600-1625	The obstetric patient with congenital heart disease	Steffen Rex
1625-1650	Point of care TTE and lung ultrasound in pregnancy	Janette Brohan
1650-1715	The pregnant patient with neurologic and neuromuscular disease	Lisa Leffert

Thanks to our  
Golden sponsors

**B|BRAUN**  
SHARING EXPERTISE

**CSL Behring**  
Biotherapies for Life™

 **VIFOR  
PHARMA**

---

## Saturday, February 8th, 2020

---

### Session 6: Anesthesia for C-section

Chair: Sarah Devroe,  
Ingrid Beenakkers

0800-0825	Registration and welcome coffee	
0825-0830	Welcome and opening	Marc Van de Velde
0830-0855	Neuraxial anesthesia for C-section: technique, dose, drugs, adjuvants	Niamh Ellen Hayes
0855-0920	Spinal hypotension during C-section	Frédéric Mercier
0920-0945	General anesthesia for C-section	Lawrence Tsen
0945-1010	Coffee Break	
1010-1035	Topping up Labour epidural catheter for C-section	Emily Sharpe
1035-1100	Postoperative analgesia after C-section	Brendan Carvalho
1100-1125	Quadratus lumborum blocks: anatomy, mechanisms, techniques	Kariem El-Boghdadly
1125-1150	Coffee Break	

### Session 7: Important loose ends of the meeting

Chair: Nuala Lucas,  
Brendan Carvalho,  
Marc Van de Velde

1150-1215	Thromboprophylaxis and anesthetic management of the pregnant patient	Lisa Leffert
1215-1240	Getting the anesthesia message across: speaking to our women	Emma Evans
1240-1430	Lunch	

# Thanks to our Bronze sponsors



AGUETTANT  
ESSENTIAL  
MEDICINES



Edwards

# Medtronic

Further, Together



**MSD**

INVENTING FOR LIFE



Quality Product & Service

---

## Workshops

---

### Friday, February 7th, 2020

<b>1215-1330</b>	Abdominal wall blocks	Steve Coppens	ALO 07.200
<b>1215-1330</b>	Lumbar epidural Ultrasound	Jose Carvalho	ALO 07.200
<b>1215-1330</b>	FAST of heart and lung	Janette Brohan	ALO 07.200
<b>1215-1330</b>	Major Obstetric Hemorrhage Simulation (demo workshop)	Elke Van Gerven	ALO 07.200
<b>1215-1330</b>	The DAS airways algorithms	Mary Mushambi	Pentalfa

### Saturday, February 8th, 2020

<b>1330-1500</b>	Abdominal wall blocks	Steve Coppens	ALO 07.200
<b>1330-1500</b>	The DAS airways algorithms	Mary Mushambi	Pentalfa
<b>1400-1600</b>	Major Obstetric Hemorrhage Simulation	Elke Van Gerven	Operation Theatre



## Overview

### Thursday, February 6th, 2020

1830-2130	Session 1: Ethics and economical program	GA2
-----------	--	-----

### Friday, February 7th, 2020

0830-1010	Session 2: Fetal and placental physiology	GA2
1035-1215	Session 3: Labour analgesia	GA2
1330-1535	Session 4: The pregnant patient with co-morbidity	GA2
1600-1740	Session 5: Anesthetic challenges and complications	GA2

### Saturday, February 8th, 2020

0830-0945	Session 6: Anesthesia for C-section (part 1)	GA2
1010-1125	Session 6: Anesthesia for C-section (part 2)	GA2
1150-1305	Session 7: Important loose ends of the meeting	GA2

## Workshops

### Friday, February 7th, 2020

1215-1330	Abdominal wall blocks	1330-1500	Abdominal wall blocks
1215-1330	Lumbar epidural Ultrasound	1330-1500	The DAS airways algorithms
1215-1330	FAST of heart and lung	1400-1600	Major Obstetric Hemorrhage Simulation
1215-1330	Major Obstetric Hemorrhage Simulation (demo workshop)		
1215-1330	The DAS airways algorithms		

Next edition:

February 4<sup>th</sup> - 6<sup>th</sup>, 2021

Perioperative care and enhanced recovery