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UZA'

KU LEUVEN



# Information session for the National Reference Center for Respiratory Pathogens (UZA and UZ/KU Leuven)

26-10-2023

Veerle Matheussen & Stefanie van Koevinge

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# Recap important information

- **Accreditation** requested: please enter your name (and RIZIV/INAMI if applicable) in the chat box
- **Interactive sessions:** you can speak up by unmuting your microphone to ask questions or raise comments in the chat box
- No recording of the session but slides will be shared  
<https://www.uzleuven.be/nl/laboratoriumgeneeskunde/nationale-referentiecentra-en-referentielaboratoria>  
Also on the NRC page on the website of Sciensano



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Home > Diensten, centra en afdelingen > Laboratoriumgeneeskunde

## Informatiesessies nationale referentiecentra voor humane microbiologie

- Streptococcus pneumoniae (invasief) - 30 maart 2023
- Enterovirussen (inclusief poliovirus en parechovirus) en rioolwaterscreening - 27 april 2023
- Mycosis (UZ Leuven en CHU Liège) - 8 Juni

## Nationaal Referentiecentrum (NRC) voor Respiratoire pathogenen

Adenovirus, coronavirus inclusief SARS, human parainfluenza virus, Mycoplasma pneumoniae, Chlamydia pneumoniae, respiratory syncytial virus (RSV), human metapneumovirus (HMPV), Influenza virus

### Belangrijke berichten

#### Algemene informatie

Gelieve de volgende website te contacteren indien u meer informatie wenst over de **wekelijkse rapporten van de SARS-CoV-2 genomic surveillance**: <https://www.uzleuven.be/nl/laboratoriumgeneeskunde/genomic-surveillance-sars-cov-2-belgium>

Gelieve de volgende website te contacteren indien u meer informatie wenst over de **near real-time wekelijkse detectie van de respiratoire pathogenen in UZ**

**Leuven**: <https://www.uzleuven.be/nl/laboratoriumgeneeskunde/wekelijkse-detectieresultaten-respiratoire-pathogenen>

#### Hepatitis — Uitbraak van hepatitis bij kinderen in Europa. (Mei 2022)

Dit event wordt opgevolgd in samenwerking met het [NRC Hepatitis](#)

Op 6 april 2022 meldde het Verenigd Koninkrijk (VK) een toename van het aantal gevallen van acute hepatitis bij

### Verantwoordelijke laboratoria

#### Coördinator

- [Universitair Ziekenhuis Antwerpen](#)

#### Geassocieerd

- [UZ Leuven/KU Leuven](#)

### Erkend door

- [National Institute for Health and Disability Insurance \(INAMI-RIZIV\)](#)

### Aanvraagformulieren

- [Aanvraagformulier respiratoire pathogenen](#)

## UZ Antwerp: respiratory bacteria

- PCR *M. pneumoniae* and *C. pneumoniae*
- PCR macrolide resistance for *M. pneumoniae*
- PCR respiratory viruses in the context of outbreaks (broad respiratory panel)

## UZ Leuven: respiratory viruses

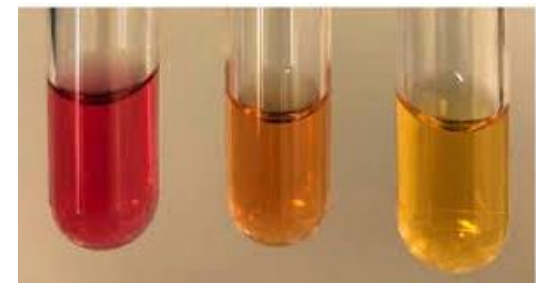
- Detection and evolution of coronaviruses (incl. SARS-CoV-1/2 and MERS)
- Molecular typing of RSV
- PCR respiratory viruses in the context of outbreaks (broad respiratory panel)

Epidemiological waves and  
macrolide resistance in  
*Mycoplasma pneumoniae*

# *Mycoplasma pneumoniae*

## Introduction → bacterium

- Member of the *Mollicutes* class (“mollis” = soft, “cutis” = skin) → mucosal pathogens
- Smallest self-replicating organisms capable of cell-free existence
  - Cellular dimension (spindle-shaped: 1-2  $\mu\text{m}$  long, 0.1-0.2  $\mu\text{m}$  wide)
  - Genome size (0.8 Mbp) → reduced and highly stable
- Lacks a cell wall → resistant to cell wall synthesis inhibitors
- Can be cultured
  - Grows slowly: generation time 6h → incubation up to 3 weeks – 2 months
  - Enriched broth or agar (SP4) → limited biosynthetic capacities
  - “fried egg” colony morphology → visualized microscopically



# Mycoplasma pneumoniae

## Introduction → pathogenesis

- Transmission via droplets
- Incubation period: 4 days -3 weeks
- Respiratory tract infections mostly mild and self-limiting
  - “walking pneumonia” ↔ Severe CAP
  
- **Atypical pneumonia:**
  - fever, sore throat, (typically non-productive) cough, chest pain, absence of wheeze
  - Rx: bilateral, diffuse interstitial infiltrates common, pleural effusion can occur
  - persistence of cough for weeks to months
  
- **Extrapulmonary manifestations: skin manifestations, encephalitis, Guillain-Barré**
  - Direct local effects of *M. pneumoniae* after dissemination
  - Indirect immune-mediated effects

Bajantri et al

J Clin Med Res. 2018;10(7):535-544

**Table 1.** Pulmonary and Extrapulmonary Manifestations of *Mycoplasma pneumoniae* Infection

Organ involvement	Manifestation
Pulmonary	Asthma/chronic obstructive pulmonary disease (COPD) exacerbation Tracheobronchitis Pneumonia: lobar and multi-lobar infiltrates Diffuse alveolar hemorrhage
Gastrointestinal	Nausea, vomiting, abdominal pain, anorexia Diarrhea Transaminitis
Cardiovascular	Myocarditis, pericarditis Cardiac arrhythmias Thrombotic events
Neurological	Meningitis, encephalitis, optic neuritis Guillain-Barre syndrome
Renal	Acute tubular necrosis, glomerulonephritis, interstitial nephritis
Musculoskeletal/skin	Erythema nodosum, cutaneous leukocytoclastic vasculitis Erythema multiforme, Stevens-Johnson syndrome MP-associated mucositis Myopathy, arthritis, and rhabdomyolysis
Thrombotic	Pulmonary embolism Splenic artery and left atrium and right ventricle thrombosis Aortic thrombosis/renal artery thrombosis
Other	Vasculitis (positive antineutrophil cytoplasmic antibodies) Cytopenias, cold agglutinin-induced autoimmune hemolytic anemia, sickle cell disease, idiopathic thrombocytopenic purpura-like syndrome Kawasaki disease

# *Mycoplasma pneumoniae*

## Introduction → epidemiology and treatment

- Endemic worldwide (many different climates)
- Infection throughout the year → seasonal variation (temperate climates: peak during latter months/year)
- Epidemic waves/peaks every 4-7 years: last wave April 2019 – March 2020
- Affects all ages → most frequent among school-age children 5-15y and young adults
- Treatment: macrolides, tetracyclines and fluoroquinolones → IGGI guideline:

### • *Gerichte anti-infectieuze behandeling*

- Patiënten zonder IgE gemedieerde allergie voor penicillines.
  - Pasgeborenen: **azithromycine of clarithromycine**.
  - Zuigelingen, kinderen < 8 jaar.
    - Eerste keuzes: **azithromycine of clarithromycine**.
    - Tweede keuze: **ciprofloxacin<sup>1</sup>**.
  - Kinderen ≥ 8 jaar.
    - Eerste keuzes: **azithromycine of clarithromycine**.
    - Tweede keuzes: **ciprofloxacin<sup>1</sup> of doxycycline<sup>2</sup>**.
  - Adolescenten.
    - Eerste keuzes: **azithromycine of clarithromycine**.
    - Tweede keuzes: **ciprofloxacin<sup>1</sup> of doxycycline<sup>2</sup> of levofloxacin<sup>3</sup>**.
  - Volwassenen.
    - Eerste keuzes: **azithromycine of clarithromycine**.
    - Tweede keuzes: **ciprofloxacin<sup>1</sup> of doxycycline<sup>2</sup> of levofloxacin<sup>3</sup> of moxifloxacin<sup>4</sup>**.
  - Zwangere<sup>5</sup> patiënten: **azithromycine of clarithromycine**.
  - Borstvoedende<sup>5</sup> patiënten: zoals bij adolescenten of volwassenen + (tijdelijke) stopzetting van de borstvoeding tijdens de anti-infectieuze behandeling indien ciprofloxacin<sup>1</sup>, doxycycline<sup>2</sup>, levofloxacin<sup>3</sup> of moxifloxacin<sup>4</sup> gebruikt wordt.



# *Mycoplasma pneumoniae*

## Detection techniques

- PCR = gold standard
- Serology
  - IgM within 1 week after infection
  - Sensitivity depends on time point 1<sup>st</sup> sample and availability of paired serum samples  $\geq 2$  weeks
- Antigen test: less sensitive  $\rightarrow$  detection limit  $1 \times 10^3$  CFU/ml
- Culture: sensitivity 60%, specificity 100%

# *Mycoplasma pneumoniae*

## Global incidence

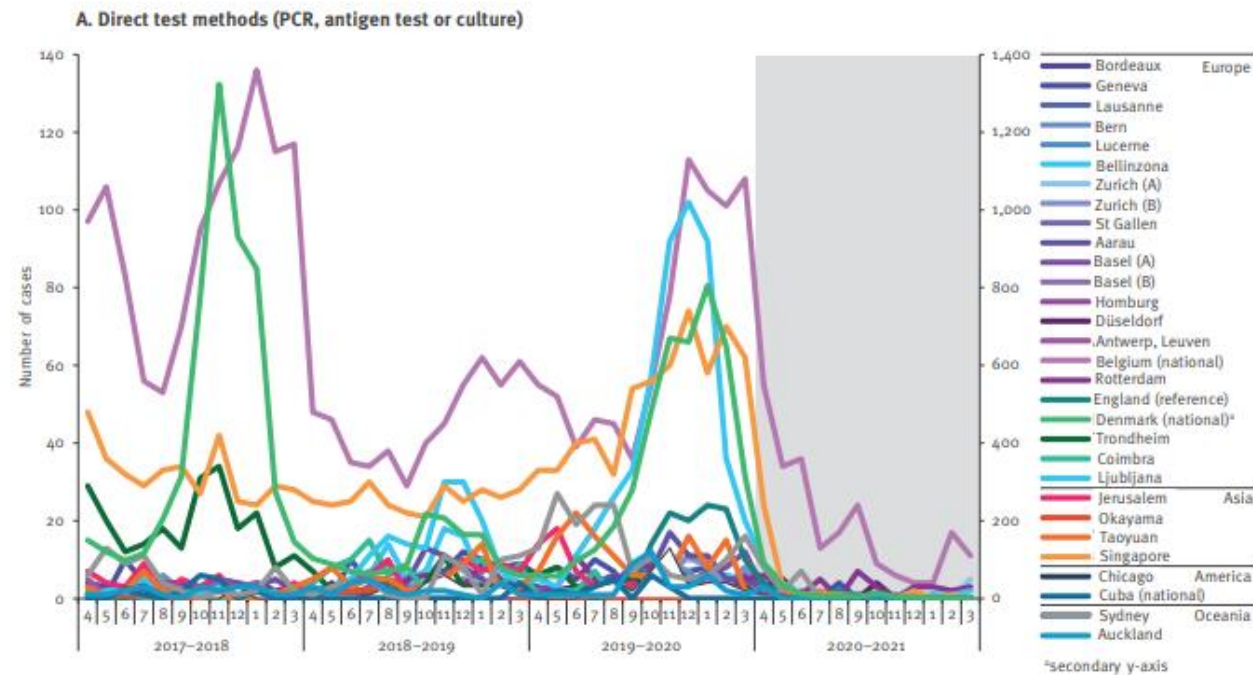
- Study by ESGMAC (ESCMID Study Group for Mycoplasma and Chlamydia Infections)
  - the effect of **non-pharmaceutical interventions** (NPIs) against COVID-19 on transmission of *M. pneumoniae*
    - Physical distancing
    - Personal protective measures
    - Stay-at-home orders
    - School and daycare closure
    - Closing of borders, travel restrictions

# Mycoplasma pneumoniae

## Global incidence

- Pre-COVID (2017-2020) → incidence **8.61%**
- During COVID (2020-2021) → incidence **1.69%** → also lower transmission of other respiratory pathogens

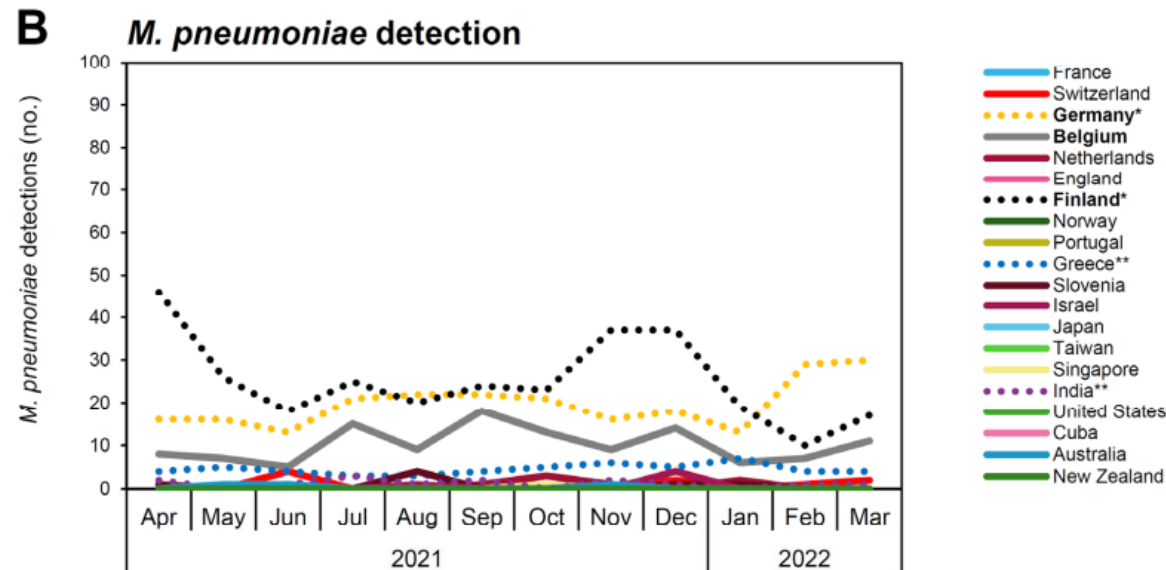
Global detection of *Mycoplasma pneumoniae*, April 2017–March 2021 (n = 30,617)



# Mycoplasma pneumoniae

## Global incidence

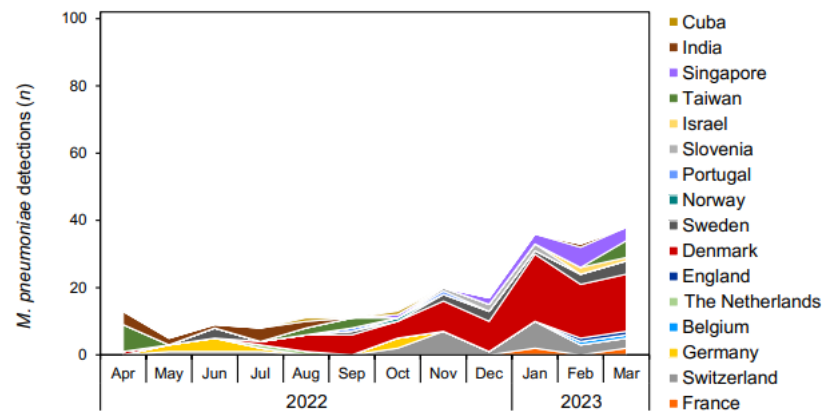
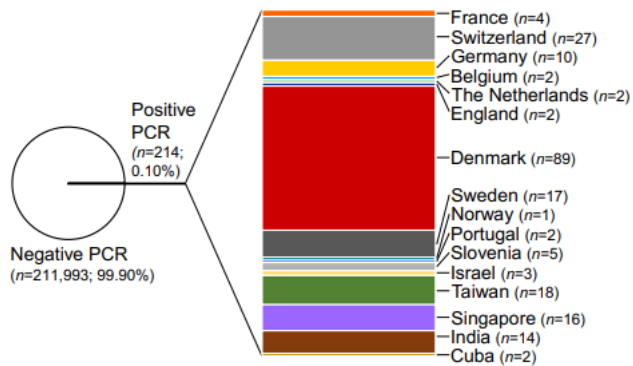
- Pre-COVID (2017-2020) → incidence **8.61%**
- During COVID (2020-2021) → incidence **1.69%**
- During-after COVID (April 2021- March 2022) → incidence **0.70%** → relaxed or discontinued NPI's → resurgence of other respiratory pathogens (increased community transmission)



# Mycoplasma pneumoniae

## Global incidence

- Pre-COVID (2017-2020) → incidence **8.61%**
- During COVID (2020-2021) → incidence **1.69%**
- During-after COVID (April 2021- March 2022) → incidence **0.70%**
- April 2022 – March 2023 → incidence **0.82%**



## Why?

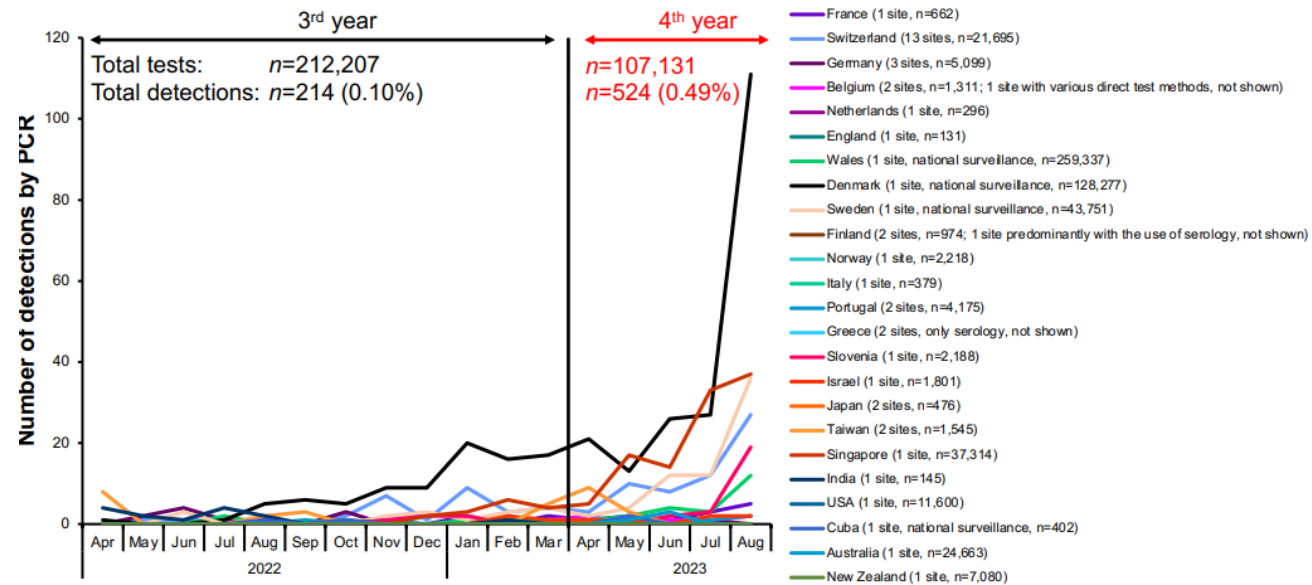
- Direct effect of SARS-CoV-2 on *M. pneumoniae*?
- Herd immunity from the last *M. pneumoniae* wave (2019-2020)?

→ Gone forever?

# Mycoplasma pneumoniae

## Global incidence

- Ongoing resurgence
- ESCMID: ESGMAC MAPS study



Update: September 12, 2023

Meyer Sauter PM, Beeton ML on behalf of the ESGMAC MAPS Study

Please see previous publications for data after the implementation of non-pharmaceutical interventions against COVID-19 in [March 2020](#), as well as detailed information on sites and reporting characteristics:

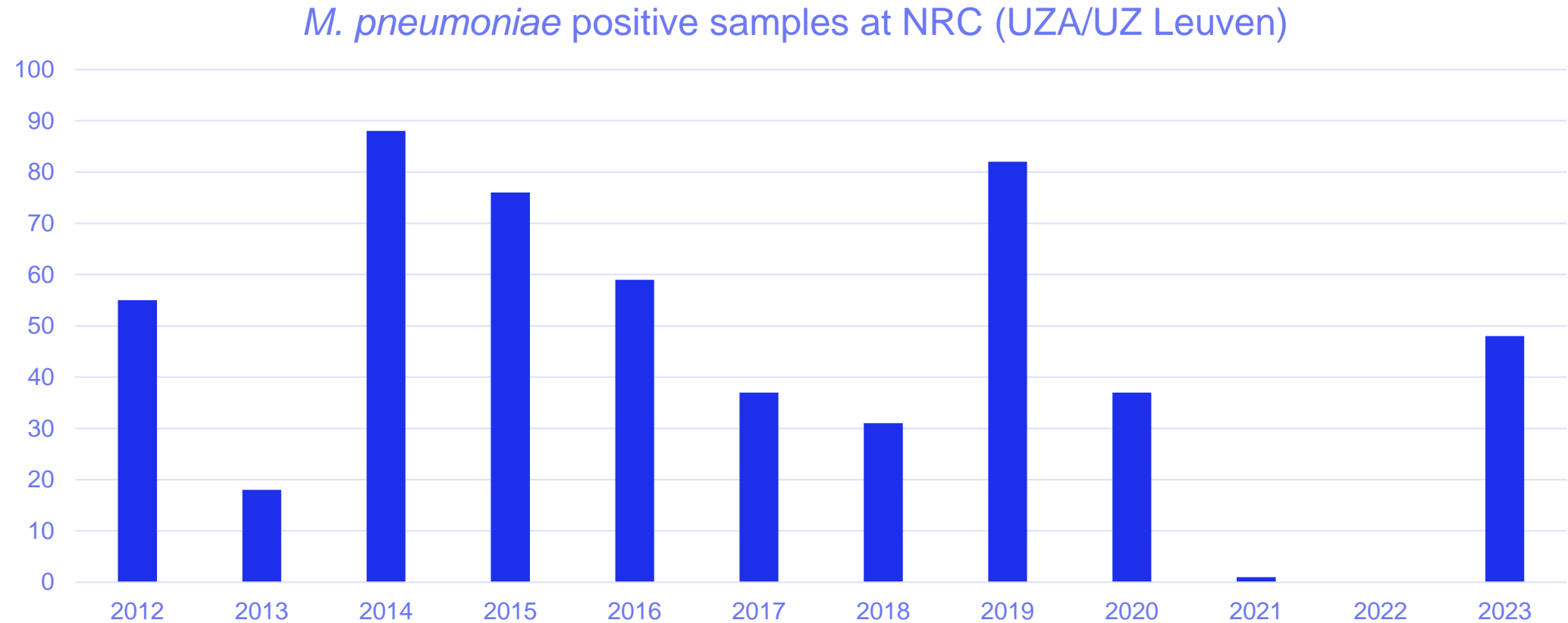
- 1st year (April 1, 2020–March 31, 2021): [Euro Surveill. 2022 May;27\(19\):2100746](#)
- 2nd year (April 1, 2021–March 31, 2022): [Lancet Microbe. 2022 Dec;3\(12\):e897](#)
- 3rd year (April 1, 2022–March 31, 2023): [Lancet Microbe. 2023 June 29; online ahead](#)

- Resurgence in a population not exposed to *M. pneumoniae* for 3 years  
→ rare severe disease and extrapulmonary manifestations?

# *Mycoplasma pneumoniae*

Belgian data

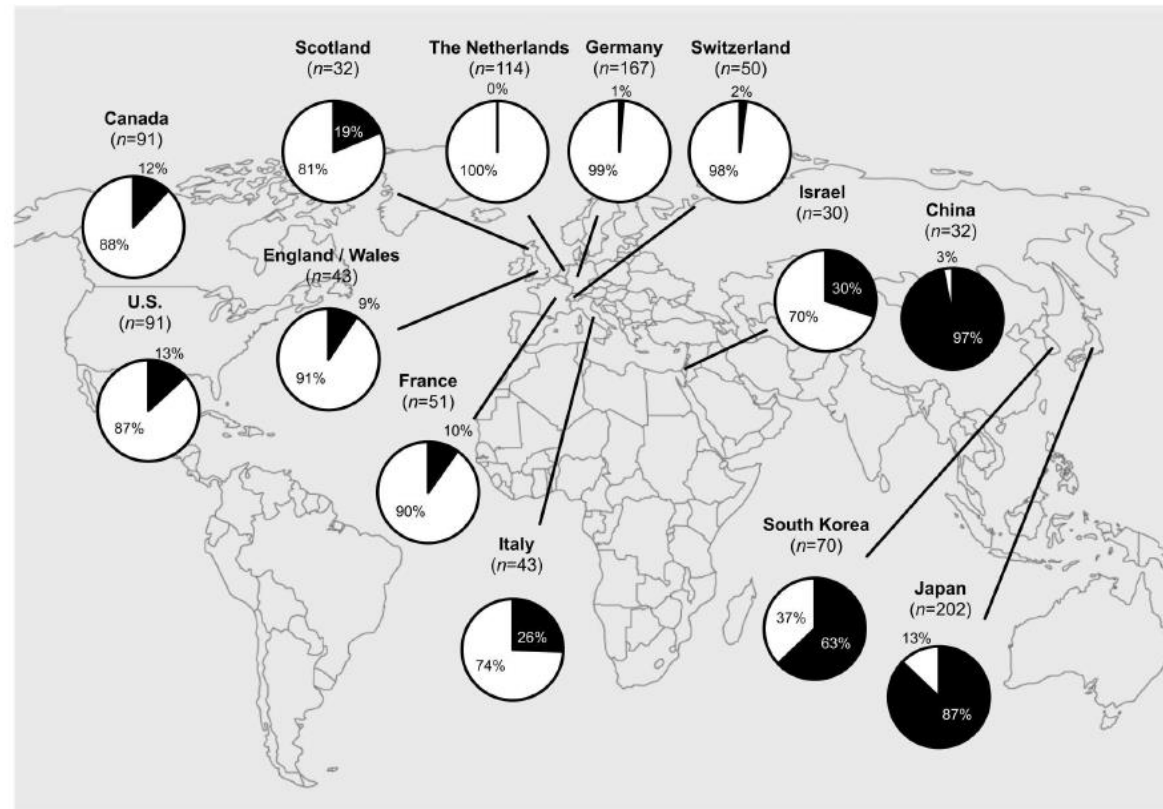
NRC data (combination of samples received at UZ Leuven and UZA)



# *Mycoplasma pneumoniae*

Macrolide resistance → rates

2003-2015



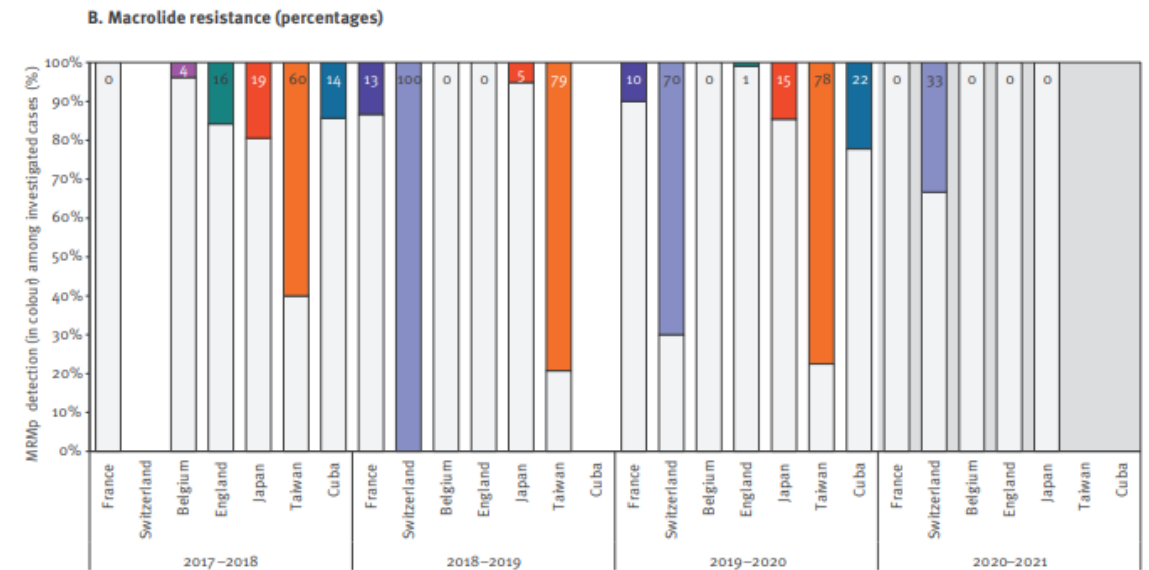
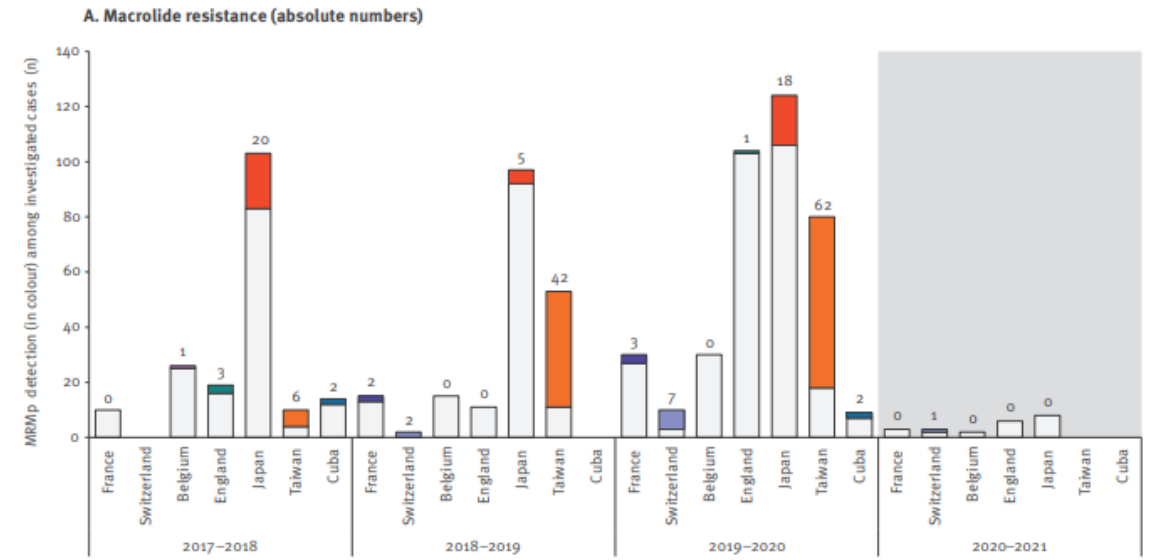
**FIGURE 6 | Worldwide macrolide-resistant *M. pneumoniae* (MRMP) rates.** Actual MRMP rates are punctually depicted in pie charts (in black) over the world map. **Asia:** Japan (2011): 87% (176/202) (Okada et al., 2012), South Korea (2011): 63% (44/70) (Hong et al., 2013), China (2012): 97% (31/32) (Zhao et al., 2013), Israel (2010): 30% (9/30) (Averbuch et al., 2011); **North America:** U.S. (2012–2014): 13% (12/91) (Zheng et al., 2015), Canada (2010–2012): 12% (11/91) (Eshaghi et al., 2013); **Europe:** The Netherlands (1997–2008): 0% (0/114) (Spuesens et al., 2012), Germany (2003–2008): 1% (2/167) (Dumke et al., 2010), France (2005–2007): 10% (5/51) (Peuchant et al., 2009), Italy (2010): 26% (11/43) (Chironna et al., 2011), Scotland (2010–2011): 19% (6/32) (Ferguson et al., 2013), Switzerland (2011–2013): 2% (1/50) (Meyer Sauteur et al., 2014a), England and Wales (2014–2015): 9% (4/43) (Brown et al., 2015).



# *Mycoplasma pneumoniae*

Macrolide resistance → rates

2017-2021



# *Mycoplasma pneumoniae*

## Macrolide resistance → mutations and techniques

- Point mutation in the peptidyl transferase loop of domain V of the 23S rRNA gene
  - Mostly A- to G- transitions (A2063G, A2064G, A2063T)
  - Reduced affinity of the macrolide for the ribosomes
- Duplex real-time PCR with melting curve analysis

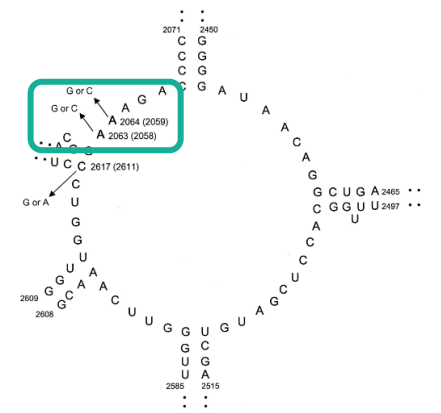
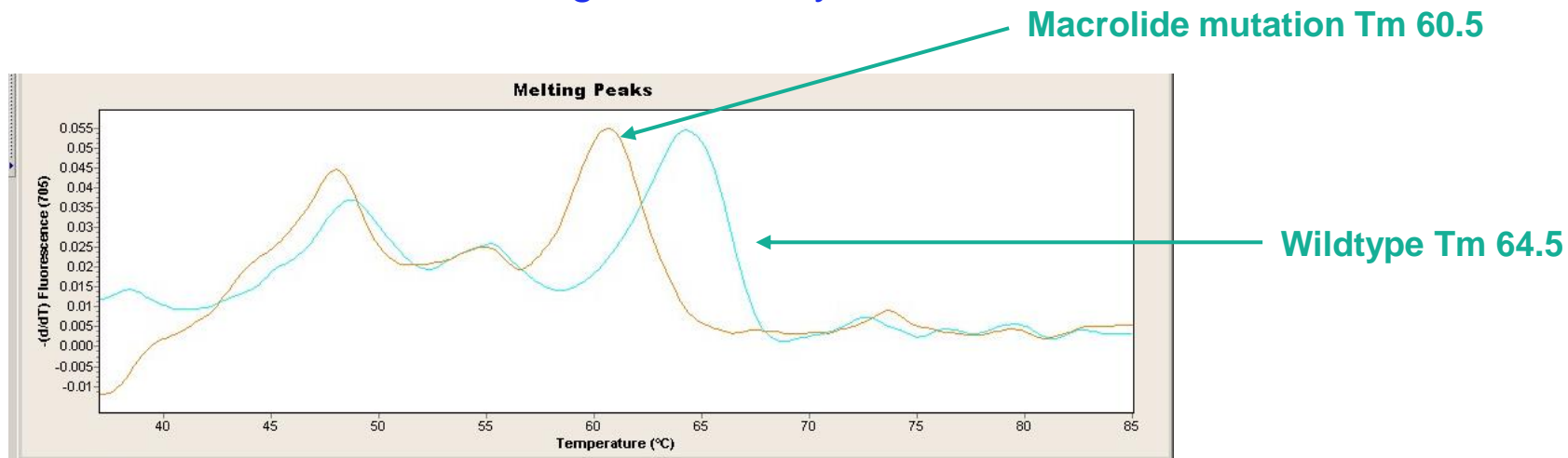


FIG. 2. Secondary structure of the peptidyltransferase loop in domain V of *M. pneumoniae* 23S rRNA. Positions of the newly found mutations (A2063G and C2617G), as well as previously reported *in vitro* mutations (A2063G, A2064G, and A2064C), in clinical isolates are indicated by using the numbering for *M. pneumoniae* 23S rRNA (accession no. X68422). The numbers in parentheses indicate *E. coli* numbering.



- Less sensitive than *M. pneumoniae* PCR (P1 target: 8-10 copies/genome ↔ 23S rRNA target: 1 copy/genome)

# Mycoplasma pneumoniae

## Macrolide resistance

- Clinical impact
  - Children admitted to Chinese University Hospital with *M. pneumoniae* pneumonia



 199 A2063G → 97%  
 6 A2063T → 3%  
 1 A2064G → < 1%

TABLE 1 Clinical information of MR and MS patients

Clinical information	MR group (n = 206)	MS group (n = 29)	P
Median age in yrs (range)	4 (0–14)	5 (0–11)	NS <sup>b</sup>
No. of patients (male/female)	132/74	17/12	NS
% Patients with severe MPP	18.4 (38/206)	3.4 (1/29)	0.042
% Patients with large lesions on chest radiography <sup>a</sup>	61.7 (127/206)	41.3 (12/29)	0.038
Median durations in days (range)			
Fever duration	8 (0–42)	6 (0–14)	0.001
Hospitalization duration	8 (2–45)	6 (3–16)	0.007
Fever duration after macrolide therapy	5 (0–42)	3 (0–10)	0.007
% Patients presenting with extrapulmonary complications	29.6 (61/206)	10.3 (3/29)	0.029
Digestive system (liver function abnormalities)	44.3 (27/61)	100 (3/3)	
Cardiovascular system (myocarditis)	24.6 (15/61)	0 (0/3)	
Rash	18.0 (11/61)	0 (0/3)	
Nervous system (encephalitis)	6.6 (4/61)	0 (0/3)	
Urinary system (proteinuria)	3.3 (2/61)	0 (0/3)	
Hematologic system (hemolytic anemia)	1.6 (1/61)	0 (0/3)	
Joint system (arthritis)	1.6 (1/61)	0 (0/3)	

<sup>a</sup> A large lesion was determined when the extent of infiltration on chest radiography was more than one-third of the lung.

<sup>b</sup> NS, not significant.

# Mycoplasma pneumoniae

## Macrolide resistance

- Therapeutic options → tetracyclines (minocycline) or fluoroquinolones?

Table 2. *In vitro* anti-mycoplasma activities against clinical isolates of *M. pneumoniae* with or without A2063G mutation in the 23S rRNA gene.

Antimicrobial agent	MIC (µg/ml) for MRMP (n = 27)			MIC (µg/ml) for MSMP (n = 23)		
	Range	50%	90%	Range	50%	90%
Erythromycin	128 - >256	256	>256	0.002–0.0078	0.0039	0.0039
Clarithromycin	64 - >256	256	256	0.0005–0.0039	0.001	0.001
Azithromycin	16–128	32	64	<0.000125–0.00025	<0.000125	<0.000125
Clindamycin	16–256	64	128	0.13–0.5	0.25	0.5
Levofloxacin	0.25–0.5	0.5	0.5	0.25–0.5	0.5	0.5
Ciprofloxacin	0.5–1	1	1	0.5–2	1	1
Tosufloxacin	0.13–0.25	0.25	0.25	0.13–0.5	0.25	0.5
Minocycline	0.13–1	0.5	1	0.13–2	0.5	1

MRMP, macrolide-resistant *Mycoplasma pneumoniae*; MSMP, macrolide-sensitive *Mycoplasma pneumoniae*.

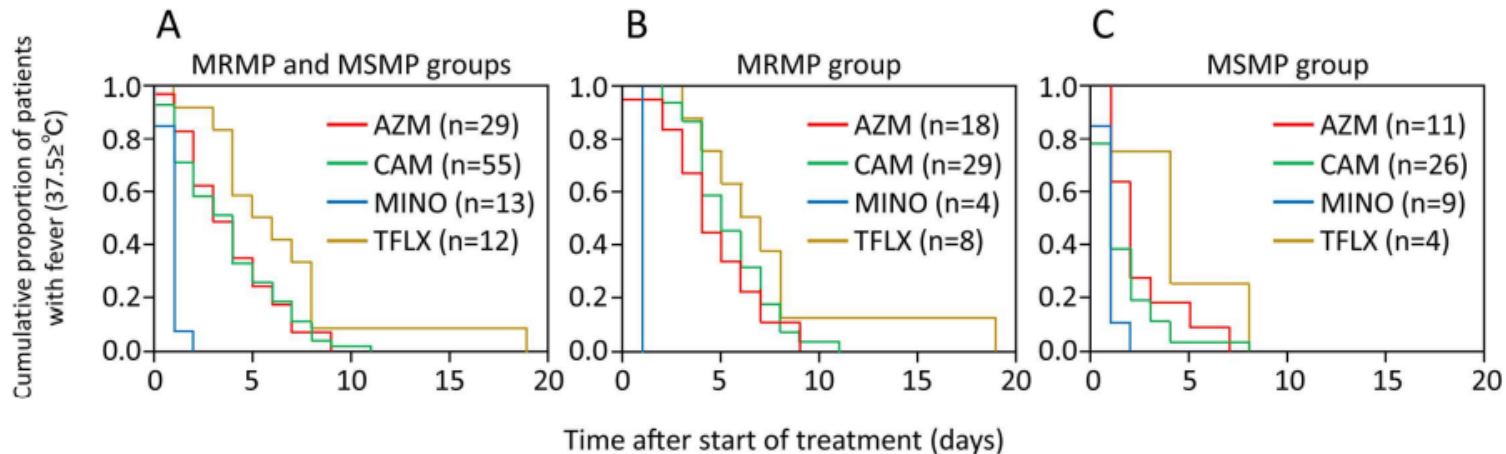


Fig 1. Durations of fever following commencement of treatment for pneumonia due to MRMP and MSMP by azithromycin, clarithromycin, minocycline and tosufloxacin. Kaplan–Meier curves showing a comparison of times taken for body temperature to return to <37.5°C among patients with (A) MRMP and MSMP (log-rank test,  $P < 0.0001$ ), (B) MRMP (log-rank test,  $P < 0.0001$ ) and (C) MSMP (log-rank test,  $P = 0.0162$ ).

### Duration of fever (days)

	MRMP	MSMP	p-value
azithromycin	4.6	2.5	0.0175
clarithromycin	5.4	1.7	<0.0001
minocycline	1.0	0.9	0.7496
tosufloxacin	7.5	4.3	0.3166

*in vitro*

*in vivo*

# *Mycoplasma pneumoniae*

Macrolide resistance → Belgium

	Macrolide resistant (n)	<i>M. pneumoniae</i> positives (n)	% resistance
2012	1	6	17
2013	0	11	0
2014	4	68	6
2015	3	62	5
2016	2	36	6
2017	0	32	0
2018	1	15	7
2019	0	22	0
2020	1	32	3
2021	0	0	/
2022	0	0	/
2023	0	18	0

All A2063G

# NRC request form

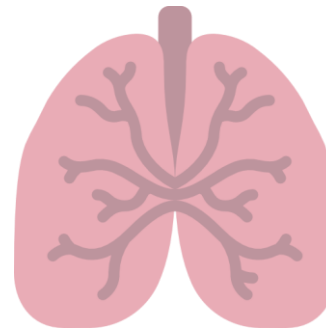
REFERENTIECENTRUM VOOR RESPIRATOIRE PATHOGENEN	
<p><b>GELIEVE HET STAAL SAMEN MET DIT INGEVULD FORMULIER OP TE STUREN NAAR:</b>                      Dr. V. Matheeußen                      Universitair Ziekenhuis Antwerpen - Microbiologie                      Drie Eikenstraat 655, 2650 Edegem                      Tel 03/821 36 67, Fax: 03/821 38 74, email: referentiecentrum@uza.be</p>	
<p><b>*GEGEVENS OVER HET LABORATORIUM DAT HET STAAL OPSTUURT</b></p> <p>Naam klinisch bioloog: .....</p> <p>Naam laboratorium: .....</p> <p>Tel: ..... Fax: .....</p> <p>Emailadres: .....</p> <p>Naam+ RIZIVnr aanvragende arts: .....</p>	<p><b>*KLINISCHE GEGEVENS</b></p> <p>Datum begin symptomen: .....</p> <p>Antibioticabehandeling voorbij 48h <input type="checkbox"/> ja <input type="checkbox"/> nee <input type="checkbox"/> onbekend als ja welk .....</p> <p>Hospitalisatie <input type="checkbox"/> ja <input type="checkbox"/> nee als ja : <input type="checkbox"/> infectieziekten <input type="checkbox"/> intensieve zorgen <input type="checkbox"/> spoedgevallen <input type="checkbox"/> pediatrie <input type="checkbox"/> andere .....</p> <p>RX pneumonie: <input type="checkbox"/> ja <input type="checkbox"/> nee <input type="checkbox"/> onbekend</p> <p>Koorts <input type="checkbox"/> ja <input type="checkbox"/> nee</p> <p>Hoest <input type="checkbox"/> ja <input type="checkbox"/> nee</p> <p>Conjunctivitis <input type="checkbox"/> ja <input type="checkbox"/> nee</p> <p>Kortademig <input type="checkbox"/> ja <input type="checkbox"/> nee</p> <p>Onderliggend longlijden <input type="checkbox"/> ja preciezer ..... <input type="checkbox"/> nee</p> <p>Immunodeficiënt <input type="checkbox"/> ja preciezer ..... <input type="checkbox"/> nee</p> <p>Hoofdpijn <input type="checkbox"/> ja <input type="checkbox"/> nee</p> <p>Spierpijn <input type="checkbox"/> ja <input type="checkbox"/> nee</p> <p>Meningitis <input type="checkbox"/> ja <input type="checkbox"/> nee</p> <p>Encephalitis <input type="checkbox"/> ja <input type="checkbox"/> nee</p> <p>Vermoeden van uitbraak: <input type="checkbox"/> ja <input type="checkbox"/> nee <input type="checkbox"/> Index <input type="checkbox"/> contactgeval Naam index .....</p> <p>Relatie tot index .....</p> <p>Contact opgenomen met de arts infectieziektebestrijding uit uw provincie of regio: <input type="checkbox"/> ja <input type="checkbox"/> nee</p>
<p><b>*PATIENTGEGEVENS OF STICKER</b></p> <p>Naam: .....</p> <p>Geslacht: <input type="checkbox"/> M <input type="checkbox"/> V</p> <p>Geboortedatum: .....</p> <p>Rijksregisternr: .....</p> <p>Straat+nr: .....</p> <p>Postcode of woonplaats: .....</p> <p>Nationaliteit: .....</p> <p>Recent verblijf buitenland: <input type="checkbox"/> ja <input type="checkbox"/> nee</p> <p>Zo ja, land of streek: .....</p>	<p><b>*GEGEVENS OVER HET STAAL</b></p> <p>Identificatienummer: .....</p> <p>Afmatedatum: .....</p> <p><input type="checkbox"/> keelwisser <input type="checkbox"/> sputum <input type="checkbox"/> biopt (niet gefixeerd) <input type="checkbox"/> BAL <input type="checkbox"/> nasopharygeale (flocked) swab <input type="checkbox"/> nasopharygeaal aspiraat <input type="checkbox"/> CSV (<i>M. pneumoniae</i>) eiwitgehalte .....mg/dl %lymfocyten ..... glucosegehalte .....mg/dl Aantal cellen <input type="checkbox"/> 0-5 <input type="checkbox"/> 6-10 <input type="checkbox"/> 11-49 <input type="checkbox"/> &gt;50 <input type="checkbox"/> conjunctivale wisser (adenovirus) <input type="checkbox"/> andere .....</p> <p><input type="checkbox"/> Resultaat Gram kleuring .....</p> <p><input type="checkbox"/> Resultaat kweek .....</p>
<p><b>AANGEVRAAGDE TESTEN NRC</b></p> <p><input type="checkbox"/> PCR <i>M. pneumoniae</i> macrolide resistentie (bij positieve PCR)</p> <p><input type="checkbox"/> PCR <i>C. pneumoniae</i> (indien negatief voor <i>M. pneumoniae</i>, <i>S. pneumoniae</i>, influenza, RSV én patiënt gehospitaliseerd is met een lage luchtweginfectie)</p> <p><input type="checkbox"/> PCR respiratoire virussen (enkel in geval van uitbraak, inclusief SARS, MERS en COVID-19)</p>	
<p><b>ANDERE BELANGRIJKE GEGEVENS</b></p> <p><i>Indien van toepassing, bvb mogelijke urgentie van analyse</i></p>	

- Ct value of PCR *M. pneumoniae* < 35
- Minimal volume
  - Sample: 250 µl
  - Extract: 20 µl

# Epidemiology and molecular typing of respiratory syncytial virus (RSV)

# Detection of respiratory pathogens

- **Broad respiratory panel: 29 parameters**
  - 22 viruses, 1 fungus and 6 bacteria
  - Oro/nasopharyngeal swabs, aspirates and BAL
  - Semi-quantitative reporting
  - LDT
  - Implementation 2016:
    - *S. pneumoniae* since 2017
    - SARS-CoV-2 since 2020
  - Nomenclature respiratory pathogens – NRC – 75€



Volgende virussen, bacteriën en een fungus worden gedetecteerd:

- influenza A/B virus
- respiratoir syncytiaal virus (RSV)
- humaan metapneumovirus (hMPV)
- parainfluenza virus 1/2/3/4
- adenovirus
- enterovirus / rhinovirus
- cytomegalovirus
- parechovirus
- coronavirus NL63 / 229E / OC43 / HKU-1
- coronavirus SARS inclusief SARS-CoV-2
- coronavirus MERS
- herpes simplex virus 1/2
- bocavirus
- *Mycoplasma pneumoniae*
- *Pneumocystis jirovecii*
- *Coxiella burnetti*
- *Chlamydomphila pneumoniae*
- *Chlamydomphila psittaci*
- *Legionella pneumophila*
- *Streptococcus pneumoniae*

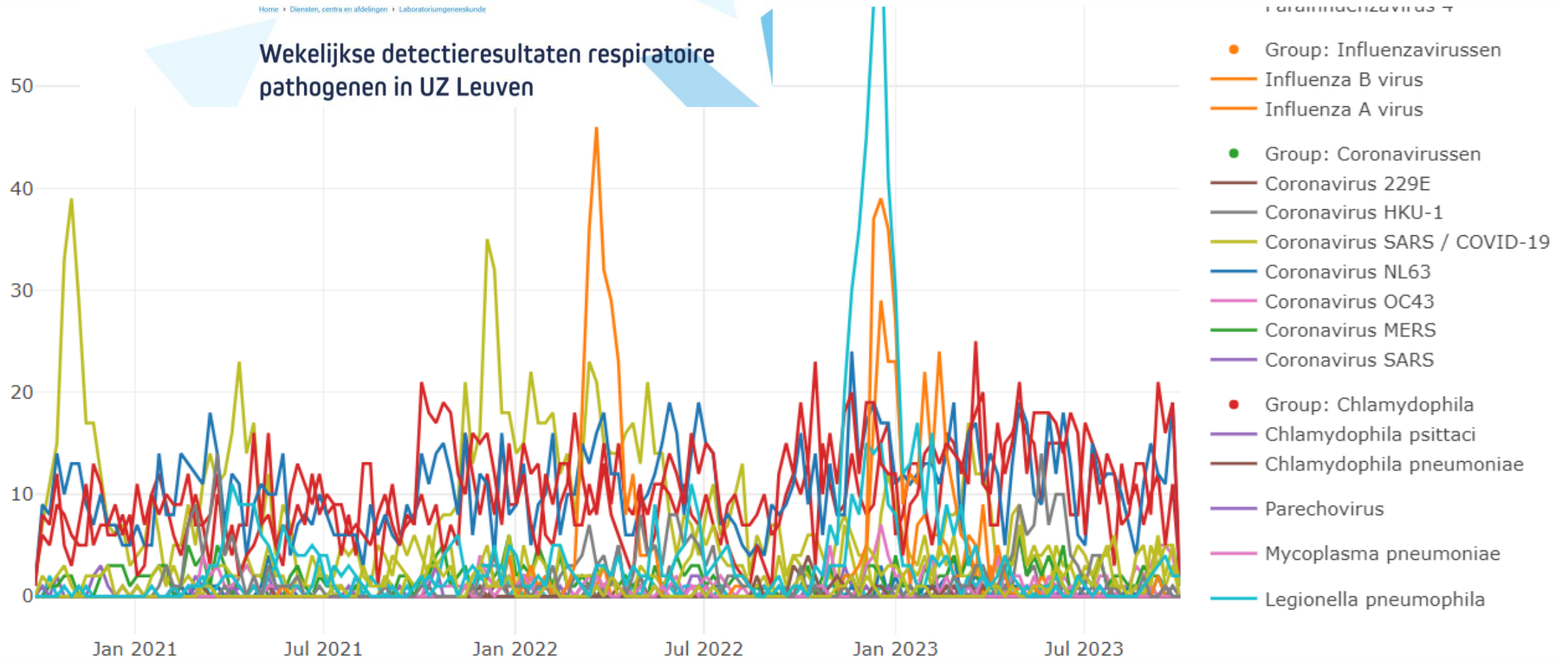


# Epidemiology of respiratory pathogens

© Laboratoriumgeneeskunde

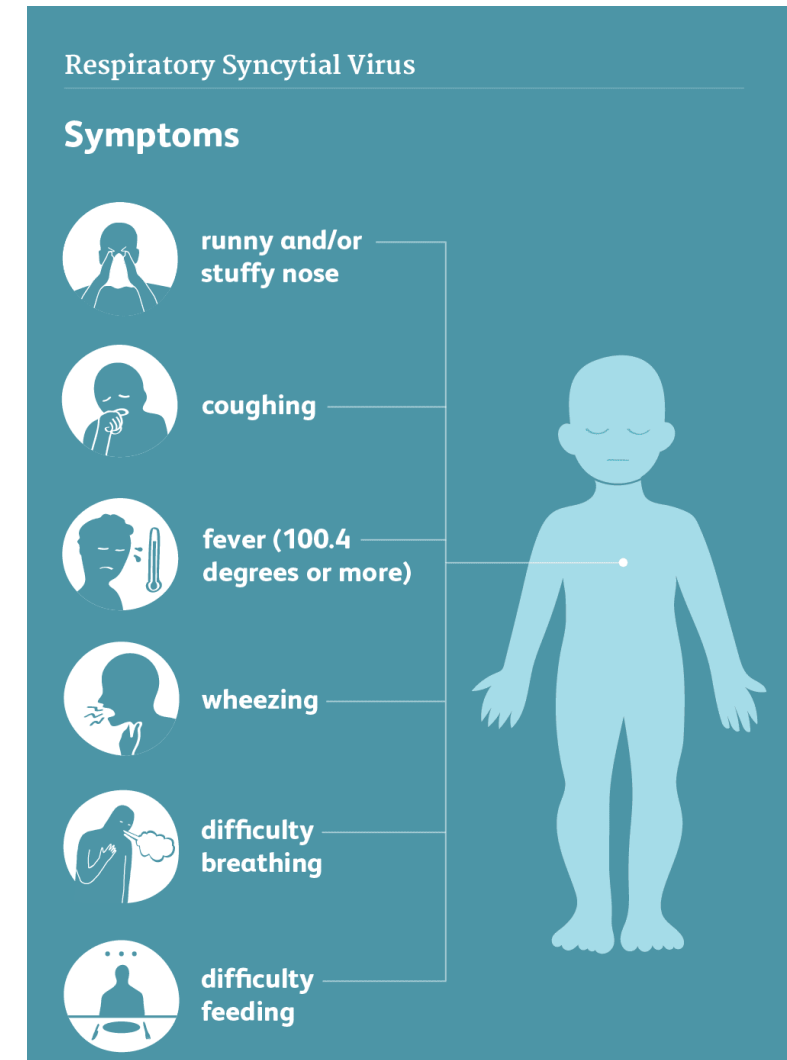
Home > Diensten, centra en afdelingen > Laboratoriumgeneeskunde

## Wekelijkse detectieresultaten respiratoire pathogenen in UZ Leuven



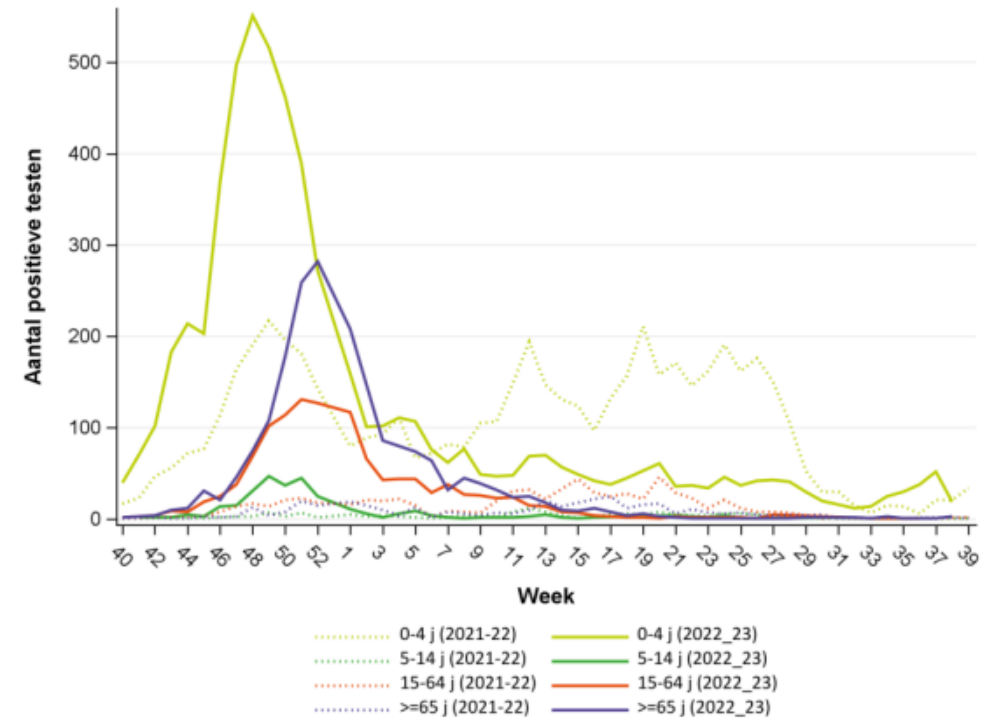
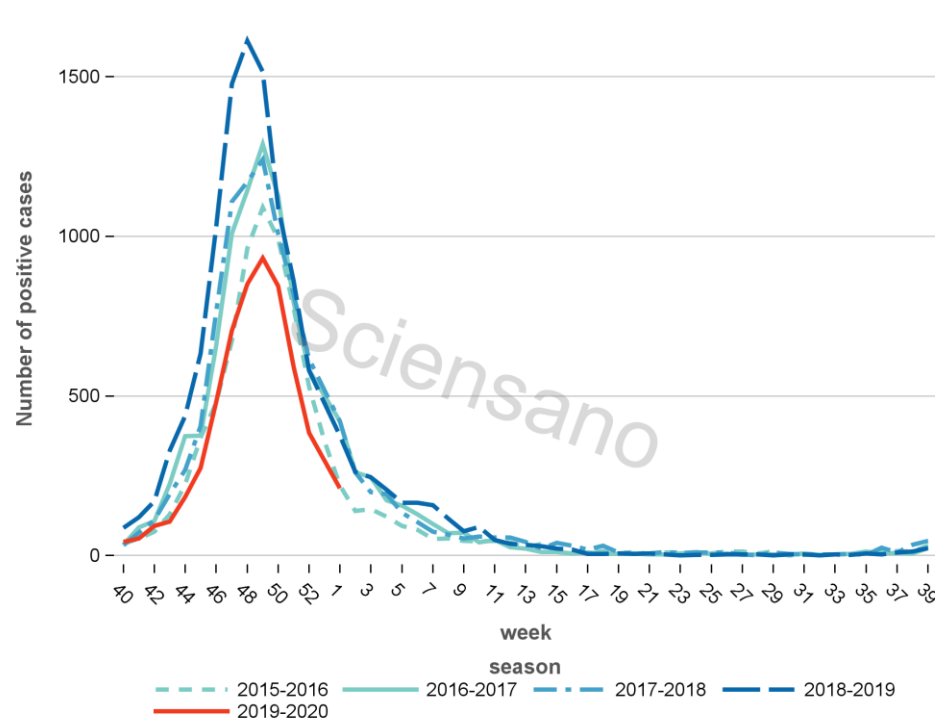
# Detection of human respiratory syncytial virus (HRSV)

- Broad respiratory panel (**'maxi-panel'**): among the 29 parameters (importance and frequency of co-infections)  
~ **SARI** (severe acute respiratory infection)
- **Respiratory mini-panel**: 4 parameters ~ **ILI** (influenza-like illness)
  - SARS-CoV-2, RSV, Influenza A and Influenza B
  - Semi-quantitative reporting
  - Continuum analyser Alinity M and urgent PCR GeneXpert
  - Implementation 2022
  - Before and early COVID: influenza/RSV PCR (Panther): €25
  - Nomenclature respiratory pathogens



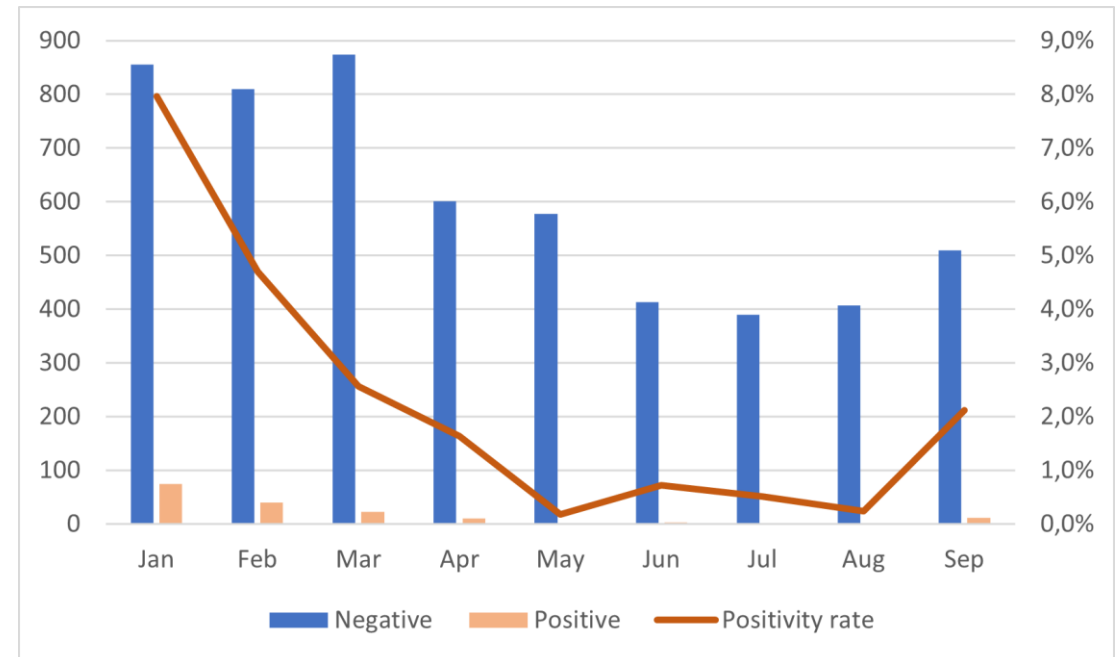
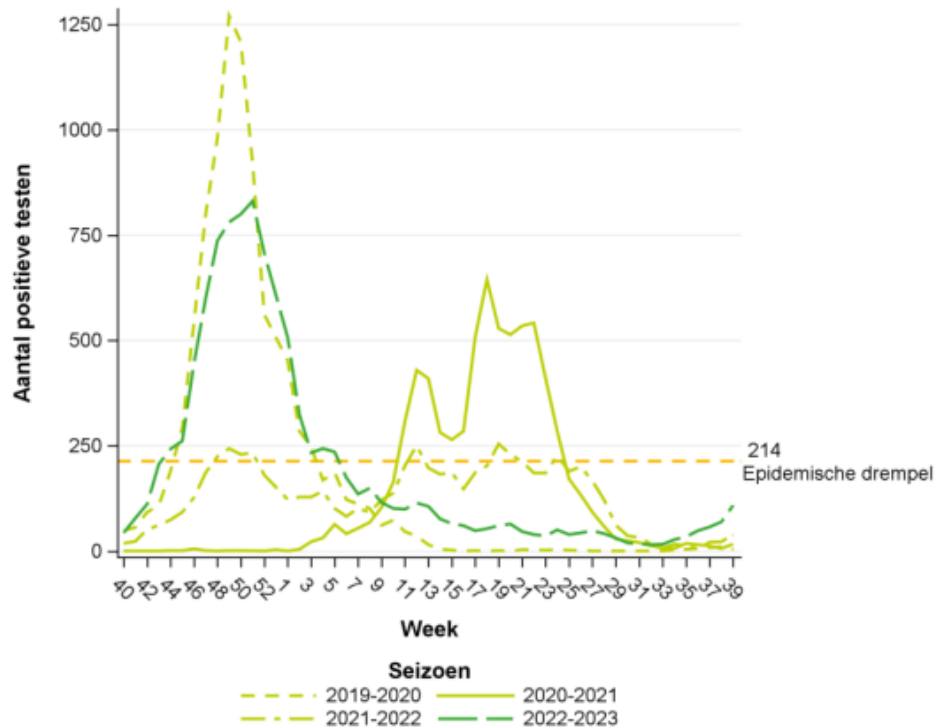
# Epidemiology of RSV

- Most common respiratory infection for neonates and very young children
- Transmission via droplet infection and (in)direct contact
- Every year >7000 infections reported through the sentinel laboratory network

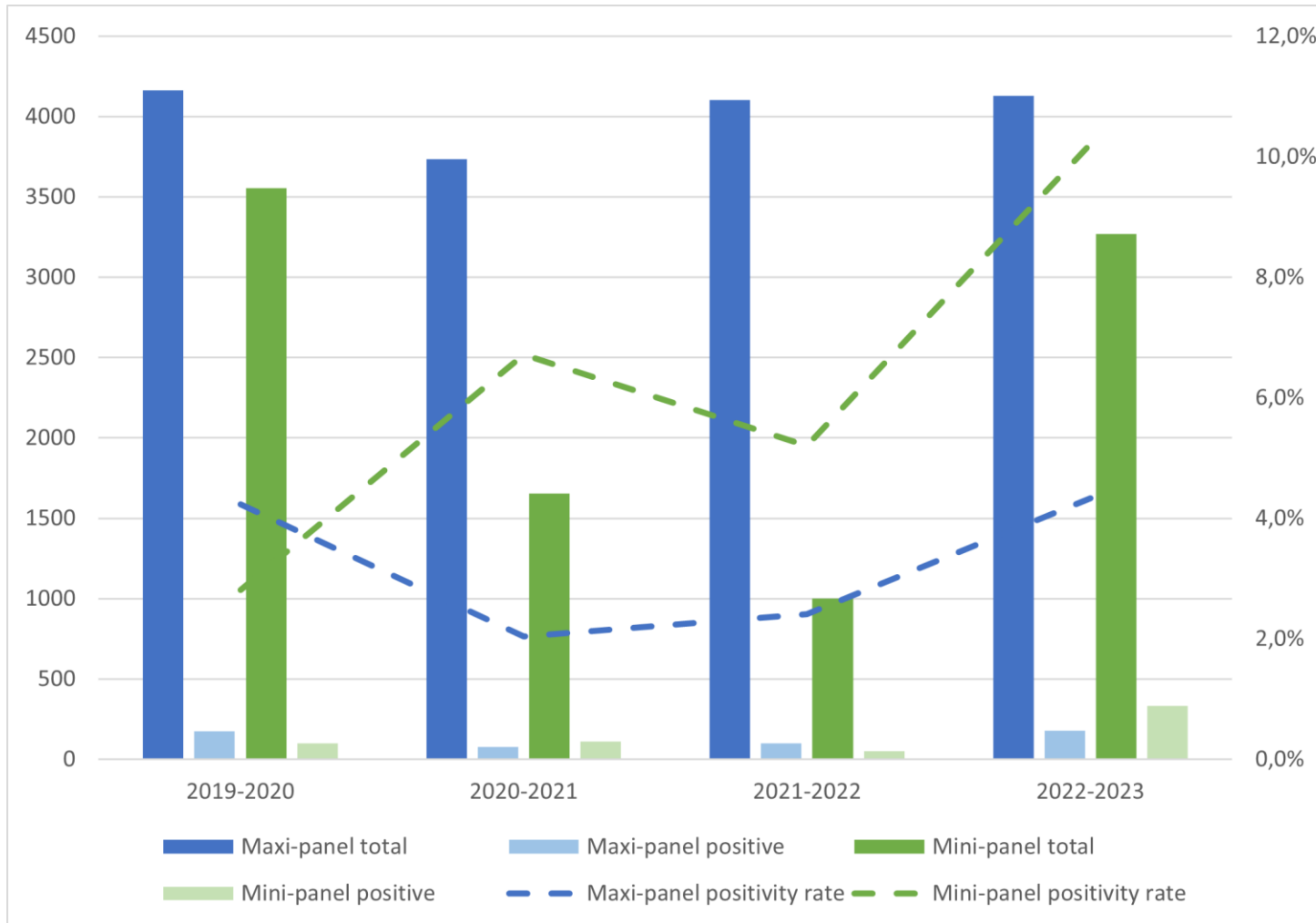


# Seasonality of RSV

- General RSV season = **start October to end March** (peak half December)
- **Disturbed during the COVID-19 pandemic**: very late 2020-2021 season
- Current season 2023-2024 started early: first cases in September



# Positivity rate for RSV over time (UZ Leuven data)

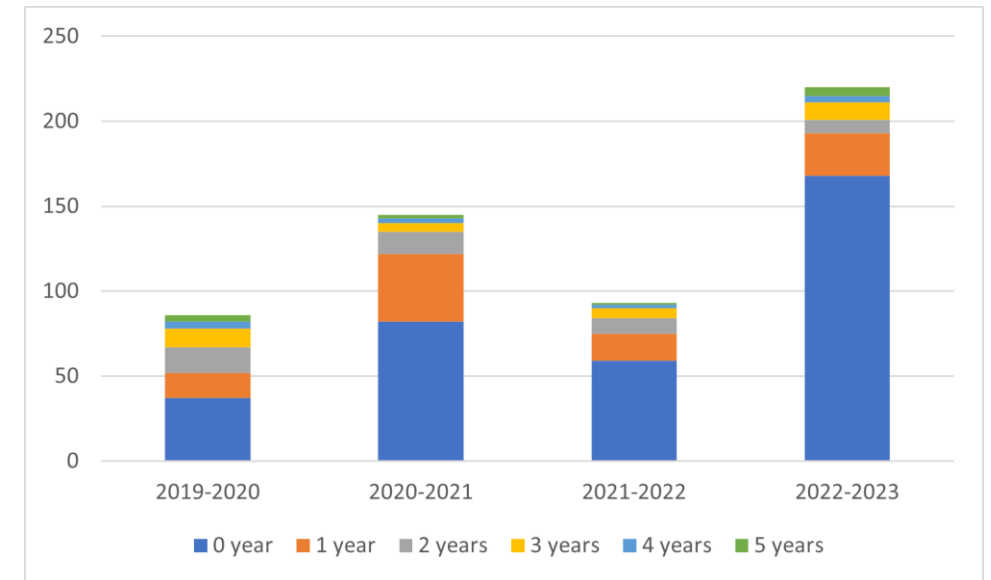
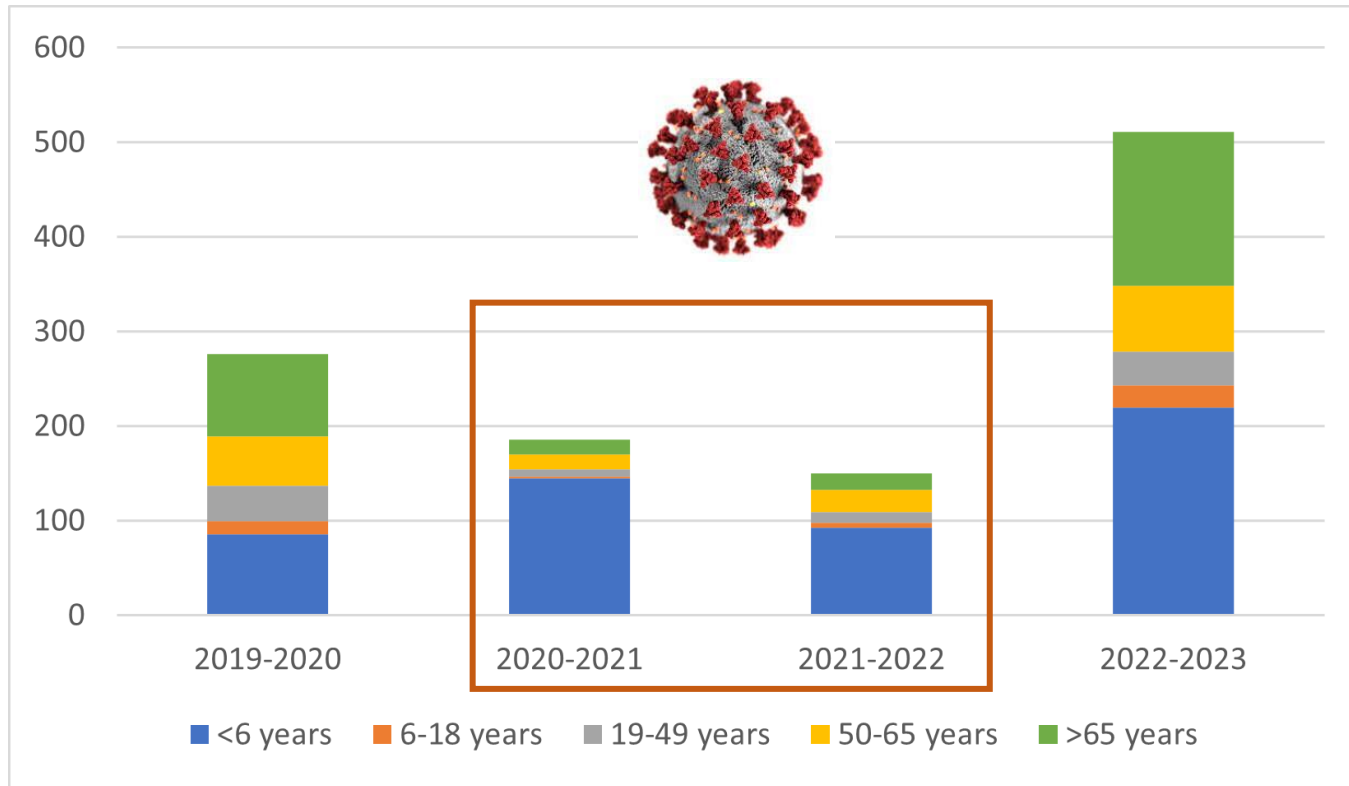


## Impact testing strategy:

- Maxi-panel: ~ **SARI** – accidental detection of RSV and lower PR – stable testing structure
- Mini-panel: ~ **ILI** – more targeted => implementation improves epidemiological surveillance of RSV – increasing positivity rate
  - Influenza/RSV PCR pre-COVID and early COVID (in combination with SARS-CoV-2 as separate assay)
  - Minipanel as of today: implemented in 2022 (more extended use)

# RSV detection mainly in infants (<2y) and elderly (>65y)

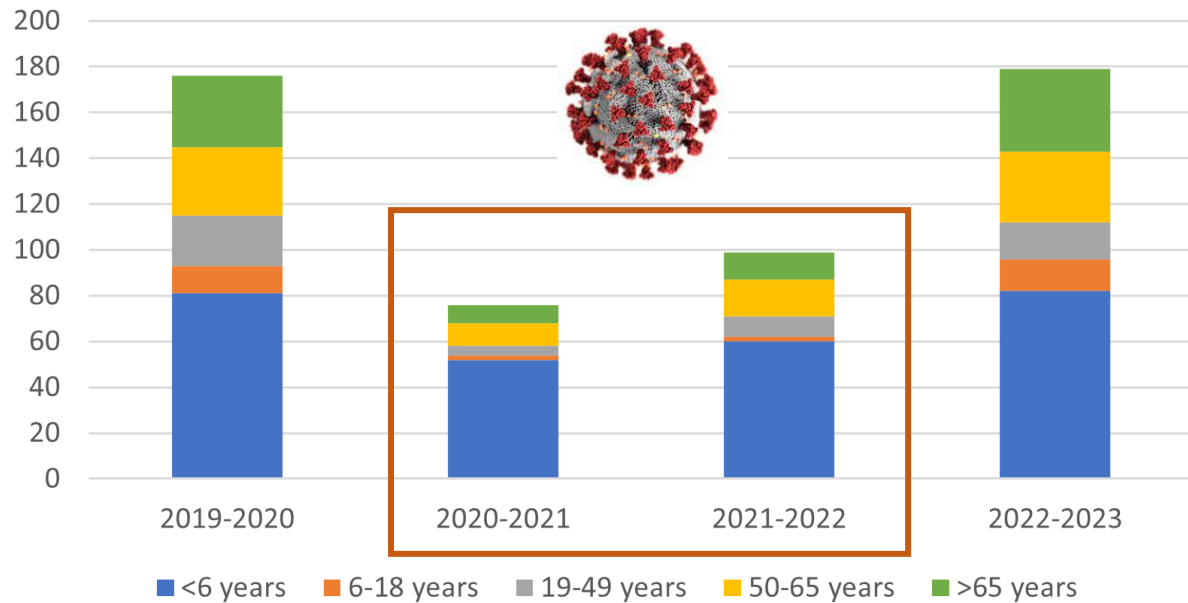
RSV positive cases detected by maxi- and minipanel



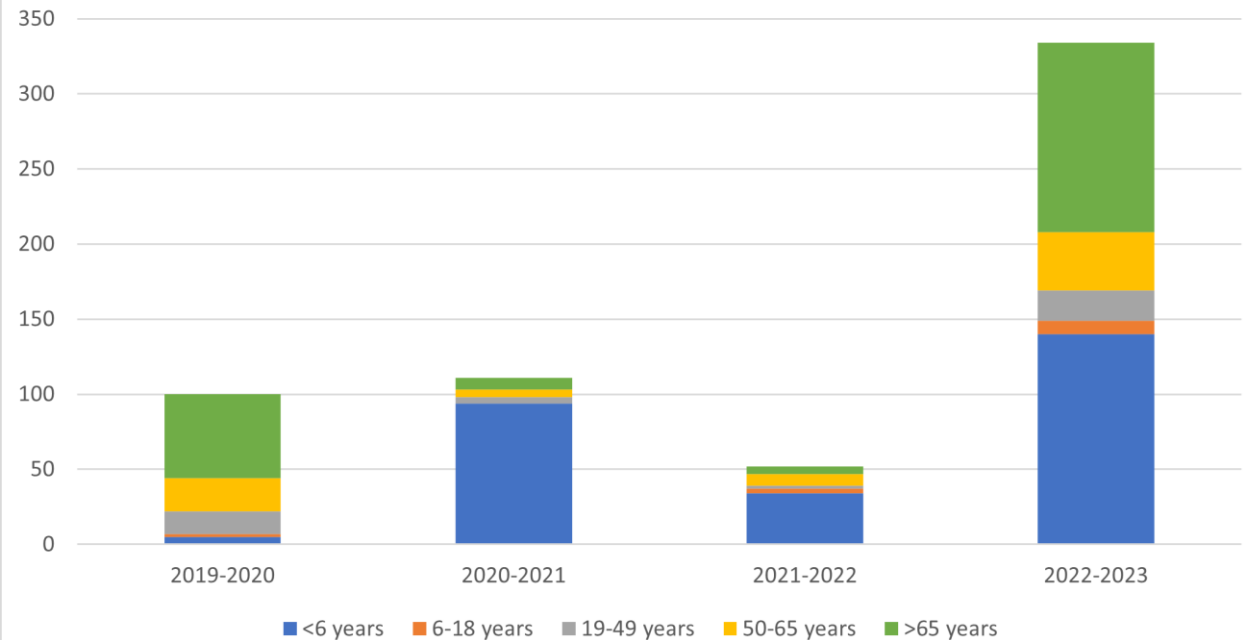
# Impact testing strategy: PR and age distribution

## RSV positive cases according to detection method

Respiratory maxipanel ~ SARI



Respiratory minipanel ~ ILI

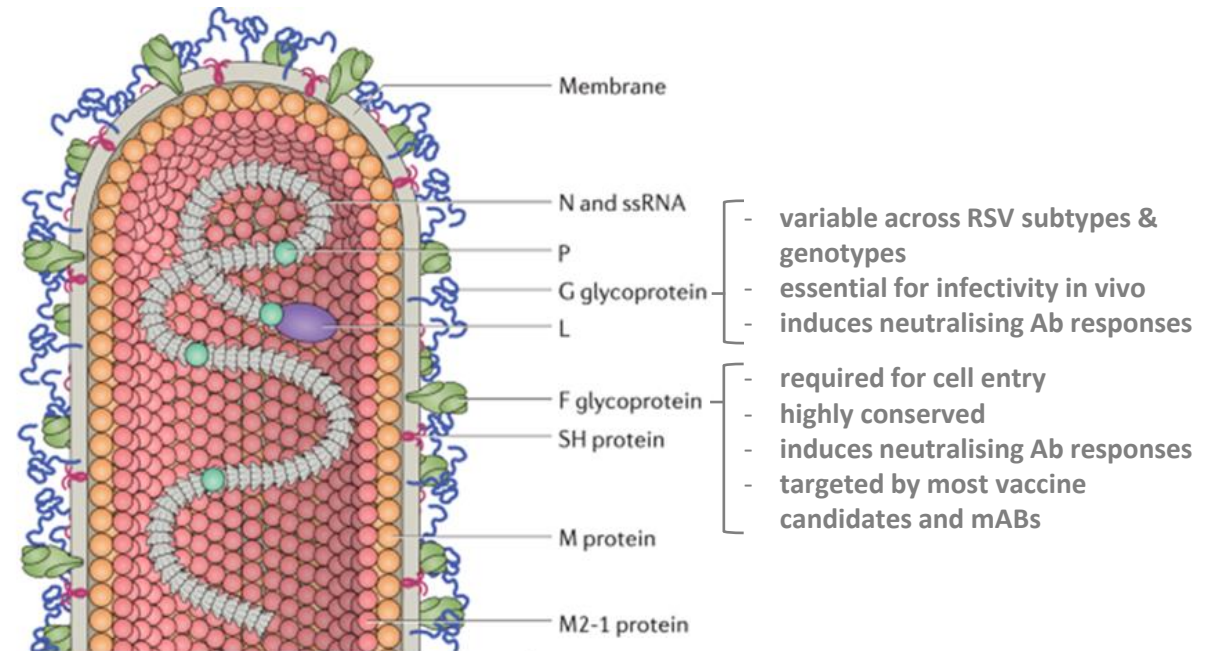


Impact COVID-19 pandemic: mild seasons 2020-2022

Switch influenza/RSV PCR (pre-COVID) to mini-panel (incl. SARS-CoV-2): impact on PR and age distribution  
=> 2022-2023: risk populations RSV well represented

# Molecular epidemiological analysis of HRSV

- Genomic surveillance of HRSV:
  - describe genetic evolution and geographical distribution of new variants
  - examine association of genotypes with disease severity
  - monitor evolution of viral proteins which are targets for diagnostic assays, mAb therapy, vaccines
- G (attachment protein) and F (fusion protein)
  - targets of host immune response
  - G is most variable: study genetic diversity
  - F is more conserved: target for vaccines & mAbs



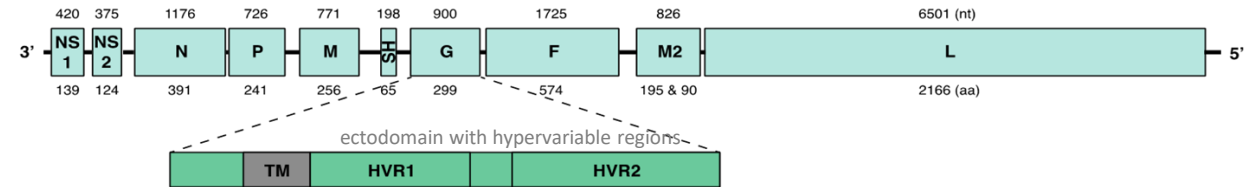
HRSV genome: ~15,2 kb ssRNA, 10 genes coding for 11 proteins



# Molecular epidemiological analysis of HRSV

- Subtypes RSV-A and -B

- diversity most extensive in G attachment glycoprotein (only 53% conserved on AA level)
- co-circulation with variable subtype predominance in consecutive epidemic season
- subtyping assay: RT-qPCR using subtype specific primer/probe sets

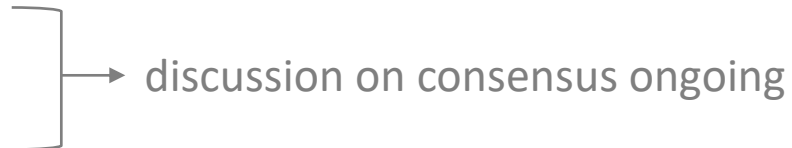


- Genotypes

- multiple genotypes within each subtype
- no consistent genotype definition/nomenclature, most classification systems based on ectodomain of G-gene or HVR2
- proposals for new classification procedure, based on well-established phylogenetic methods:

Goya et al., 2020

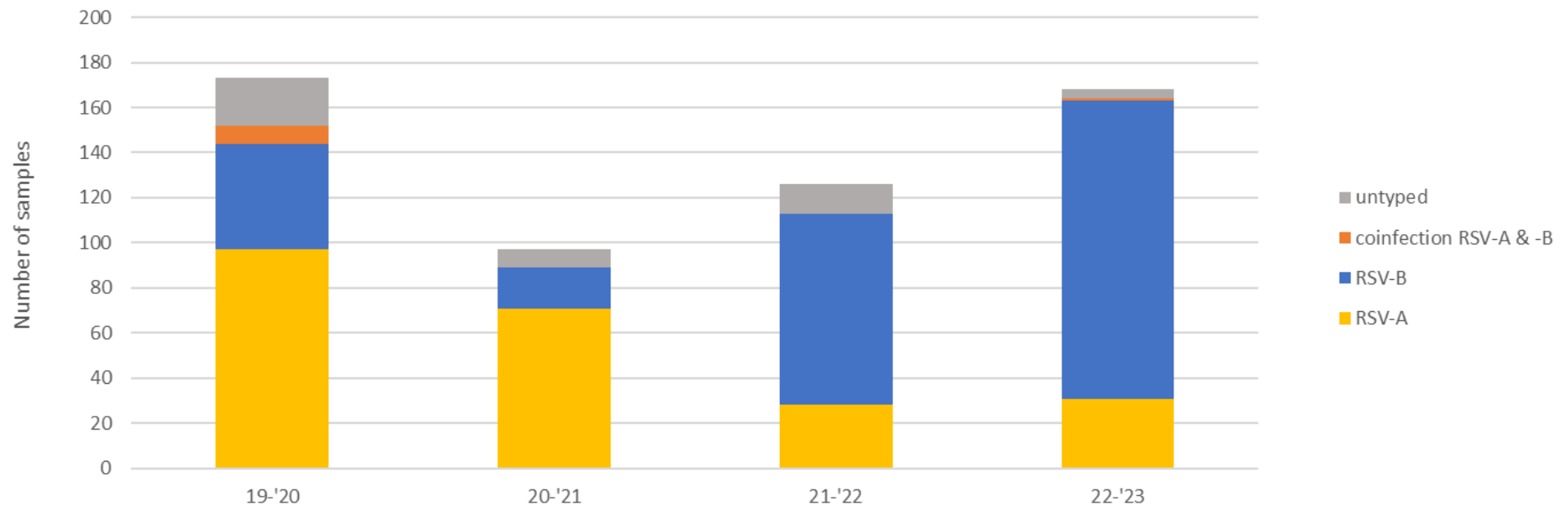
Ramaekers et al., 2020


 discussion on consensus ongoing

- genotyping assay: RT-PCR + sequencing of G ectodomain, phylogenetic analysis

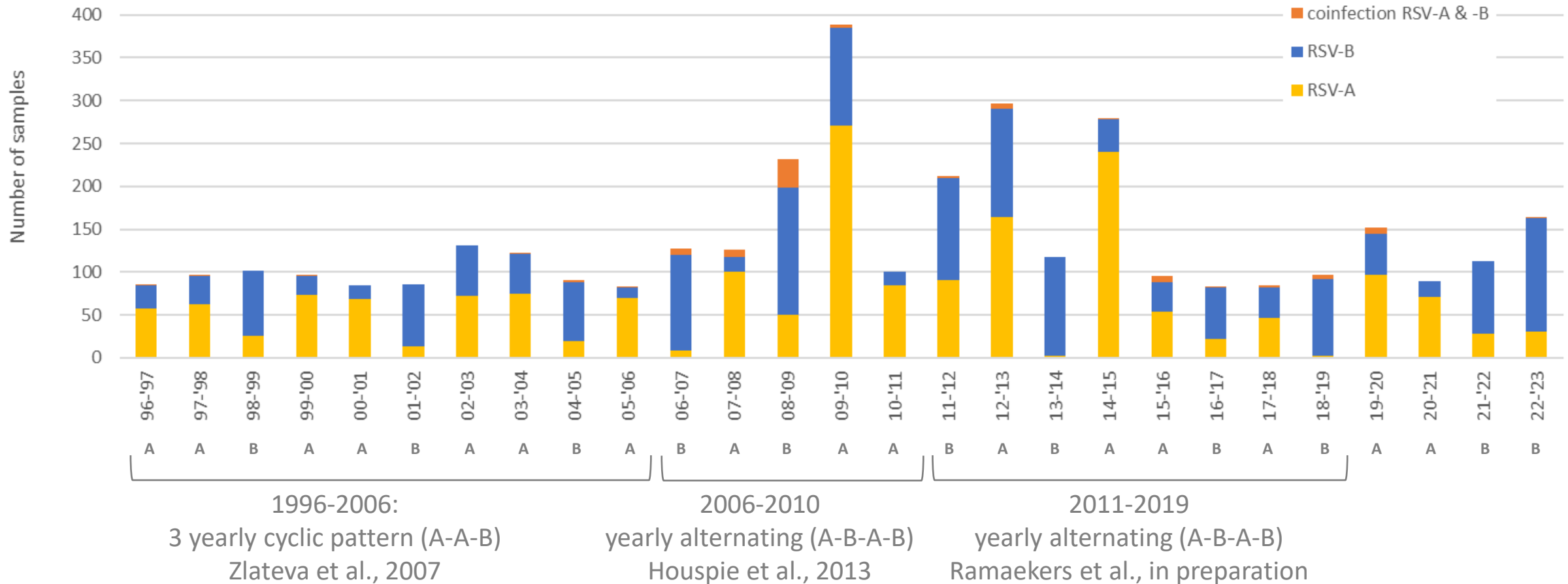
# Molecular epidemiological analysis of HRSV: subtypes

- Subtype distribution season 2019-2020 until 2022-2023 (n=564):
  - co-circulation of RSV-A and -B during all 4 epidemic seasons
  - 2019-2020 & 2020-2021: predominance RSV-A
  - 2021-2022 & 2022-2023: predominance RSV-B



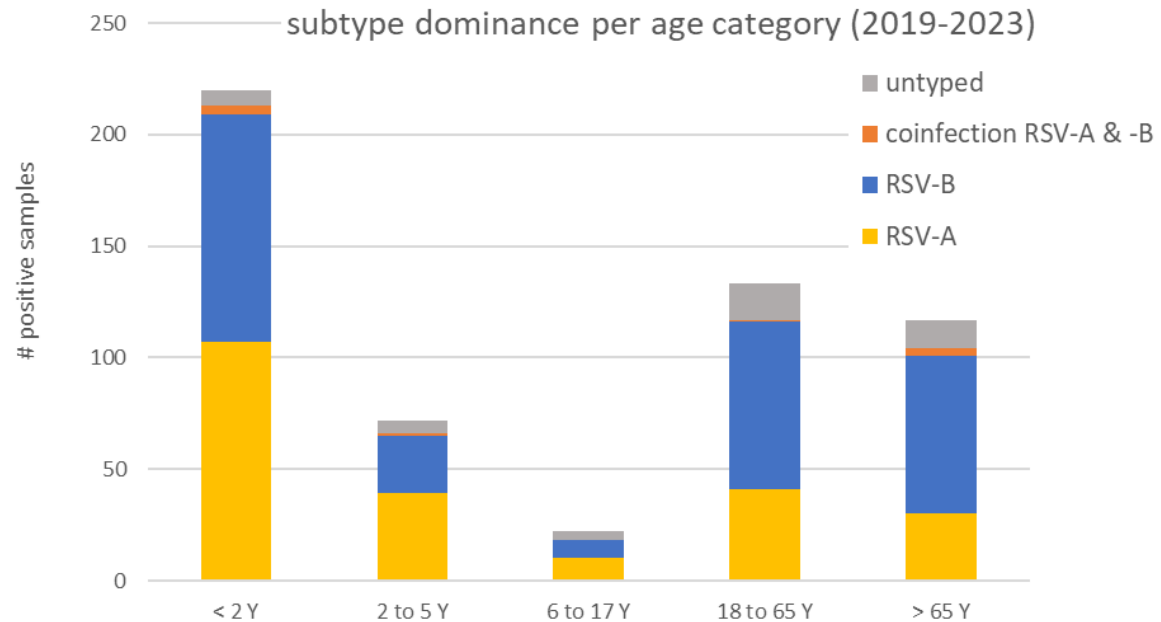
# Molecular epidemiological analysis of HRSV: subtypes

- Subtype distribution in Belgium since 1996

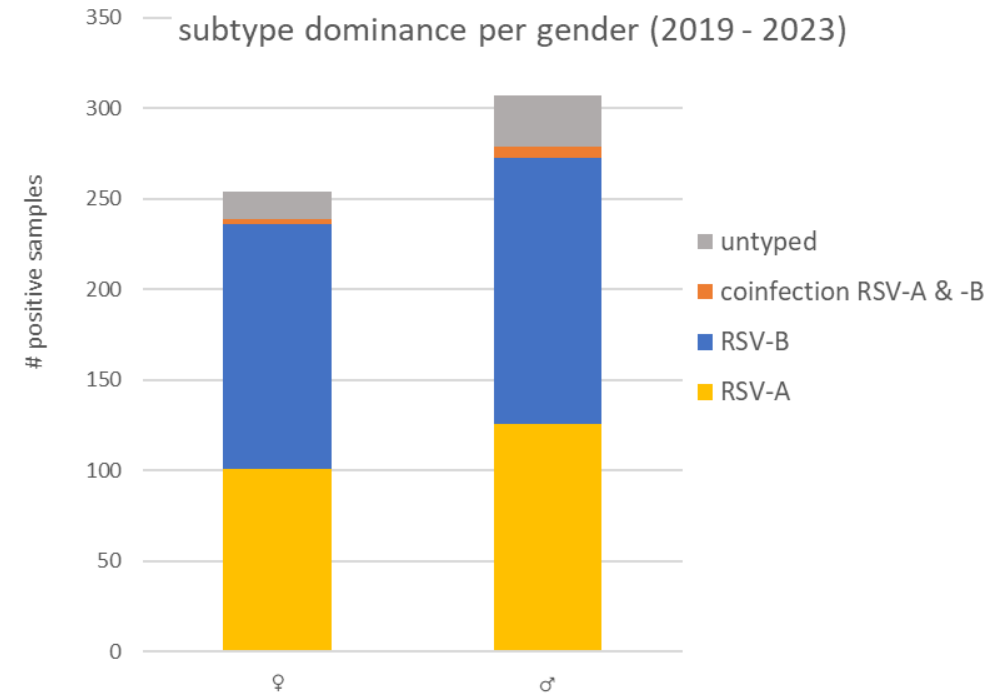


# Molecular epidemiological analysis of HRSV: subtypes

- Subtype dominance per age category:
  - higher % RSV-A in younger age groups (<2Y, 2-5Y and 6-17Y)
  - was a trend in all 4 epidemic seasons



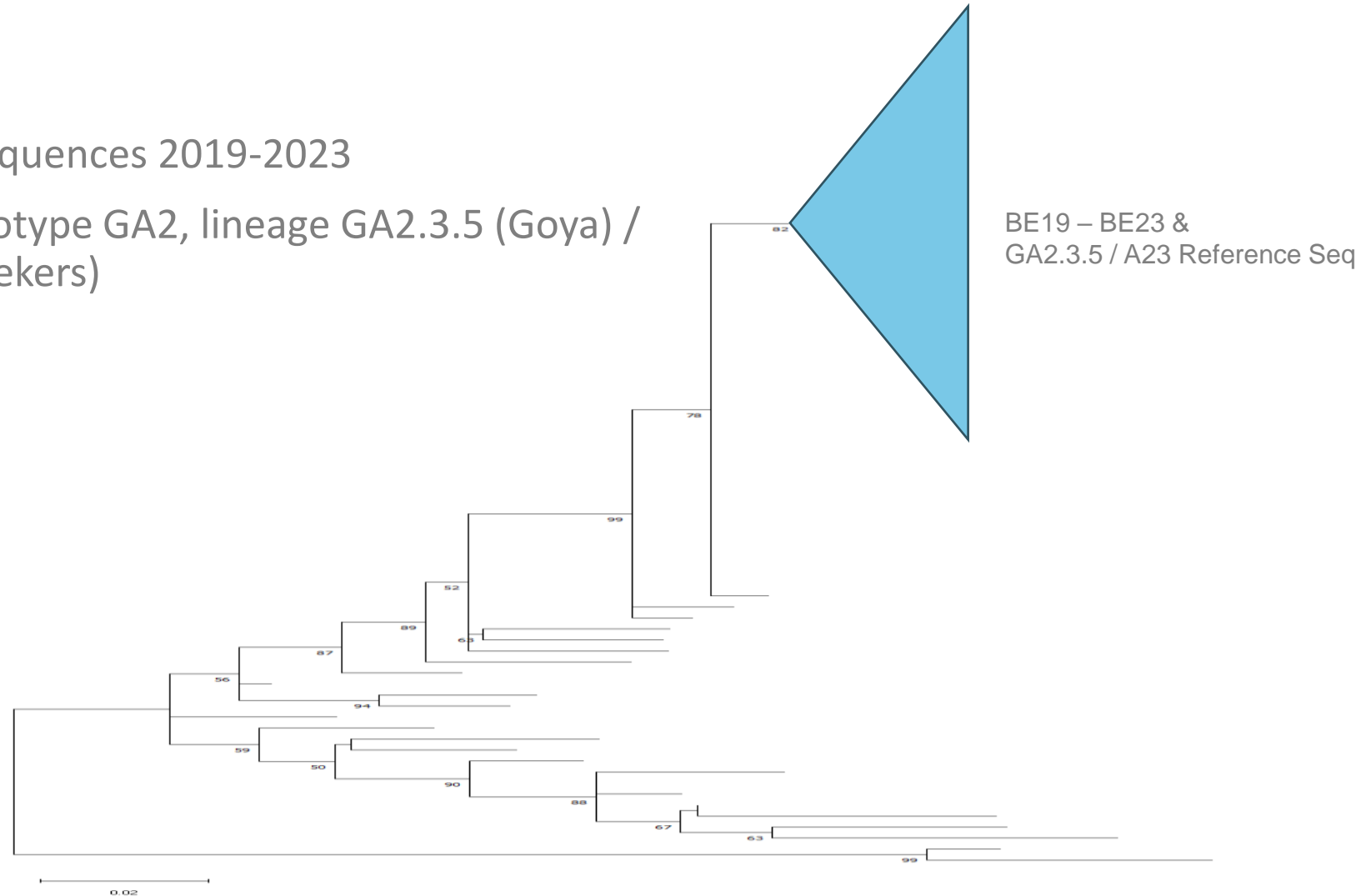
- Subtype dominance per gender:
  - no difference between ♂ and ♀



# Molecular epidemiological analysis of HRSV: genotypes

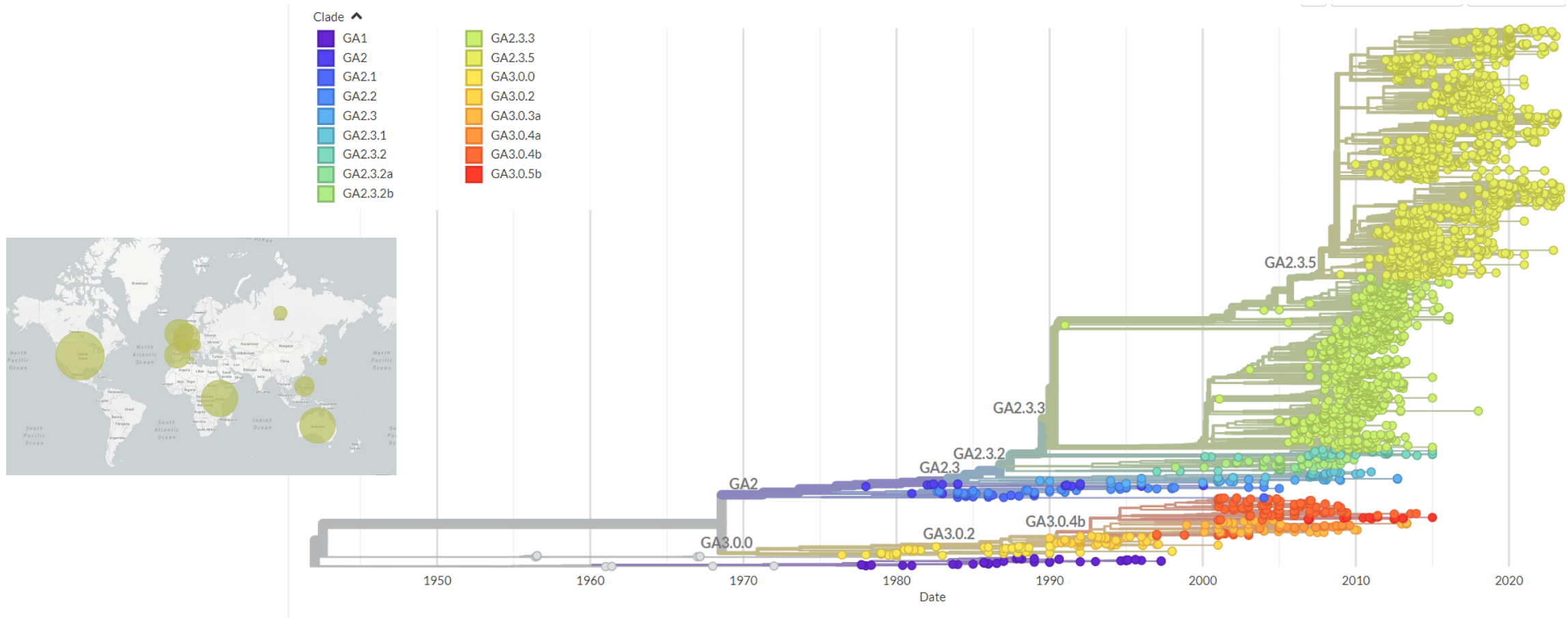
## RSV-A:

- 192 G ectodomain sequences 2019-2023
- all cluster within genotype GA2, lineage GA2.3.5 (Goya) / genotype A23 (Ramaekers)



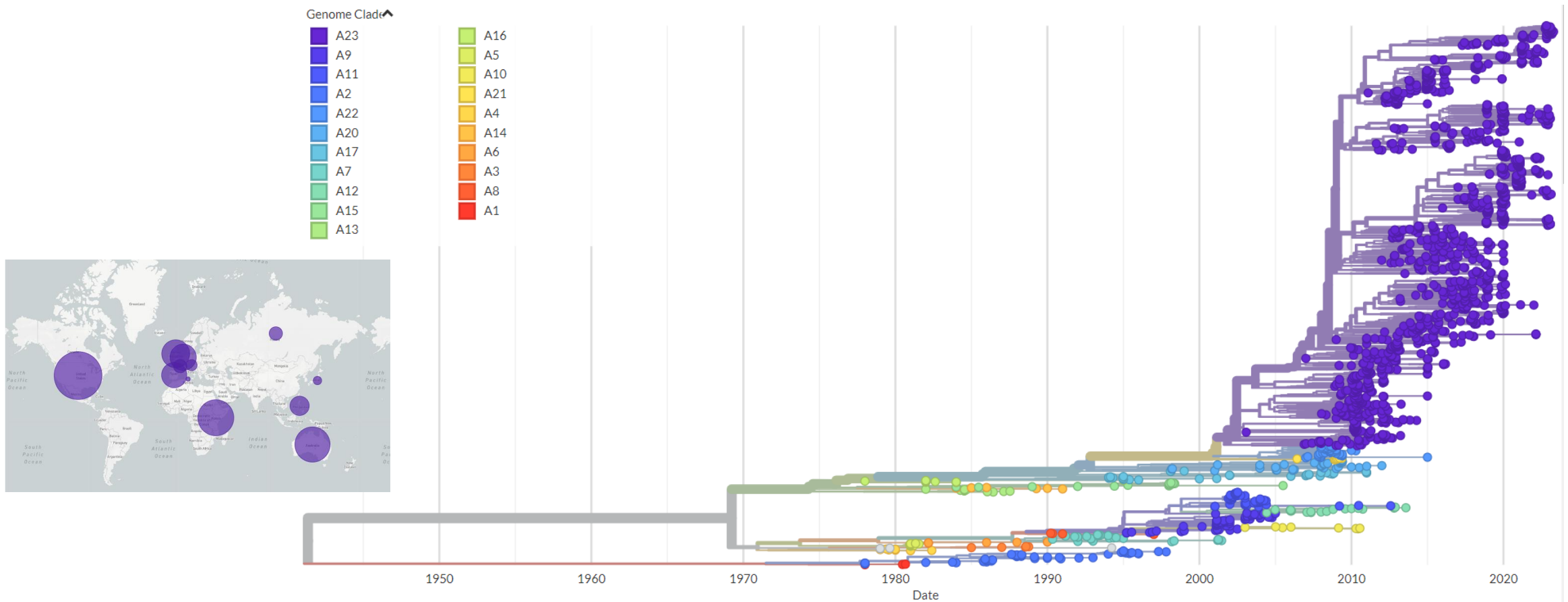
# Molecular epidemiological analysis of HRSV: genotypes

Global perspective: RSV-A sequences 2019-2023 on Nextstrain → all lineage GA2.3.5 / genotype A23



# Molecular epidemiological analysis of HRSV: genotypes

Global perspective: RSV-A sequences 2019-2023 on Nextstrain → all lineage GA2.3.5 / genotype A23

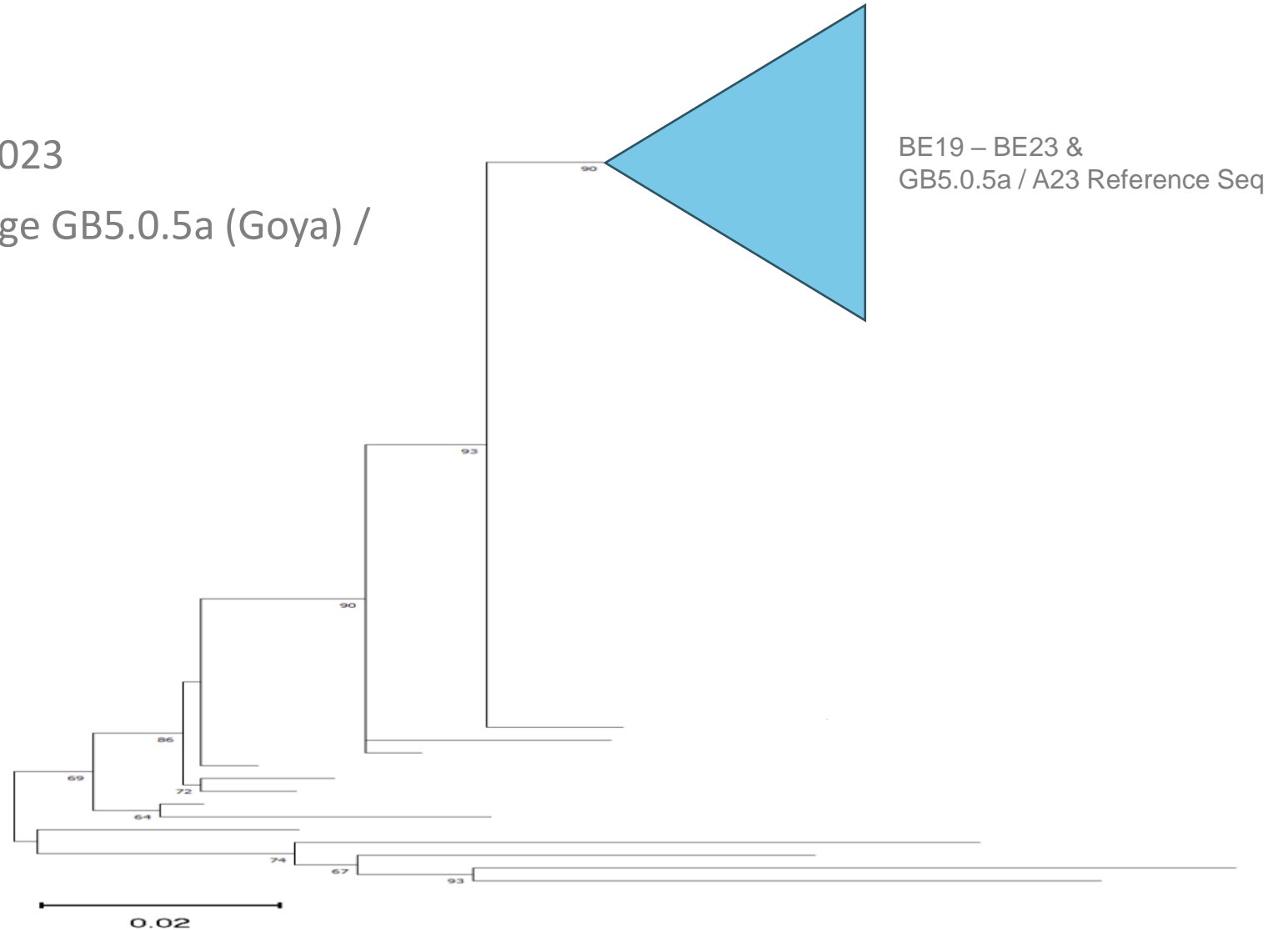


# Molecular epidemiological analysis of HRSV: genotypes

RSV-B:

250 G ectodomain sequences 2019-2023

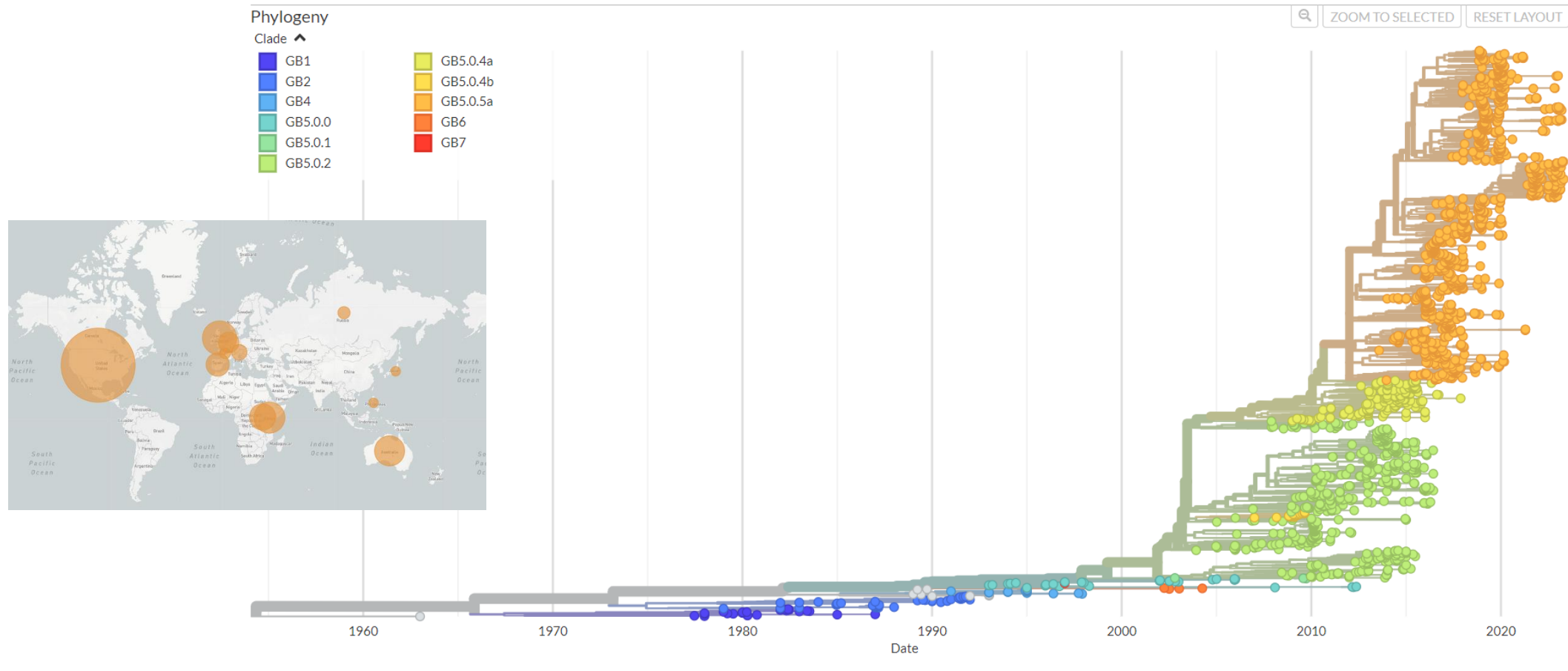
all cluster within genotype GB5, lineage GB5.0.5a (Goya) /  
genotype B6 (Ramaekers)





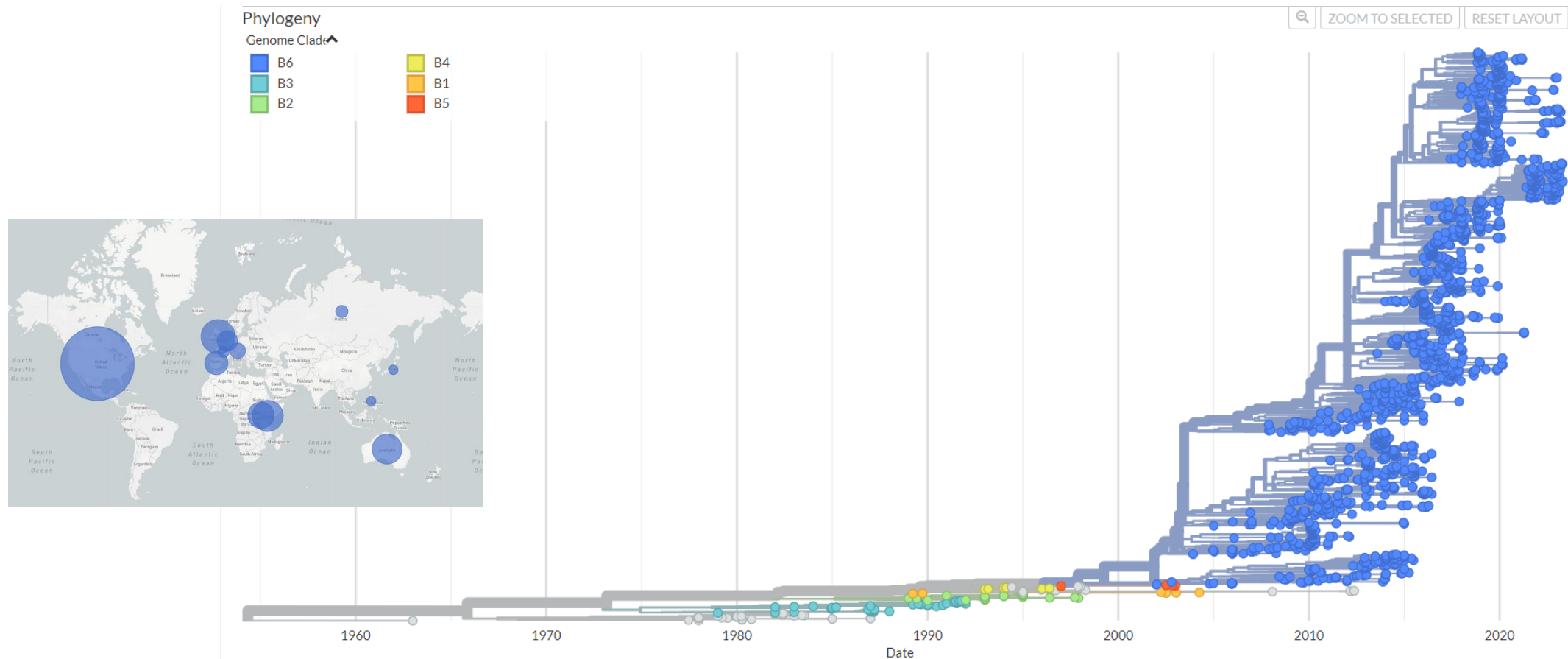
# Molecular epidemiological analysis of HRSV: genotypes

Global perspective: RSV-B sequences 2019-2023 on Nextstrain → all lineage GB5.0.5a / genotype B6



# Molecular epidemiological analysis of HRSV: genotypes

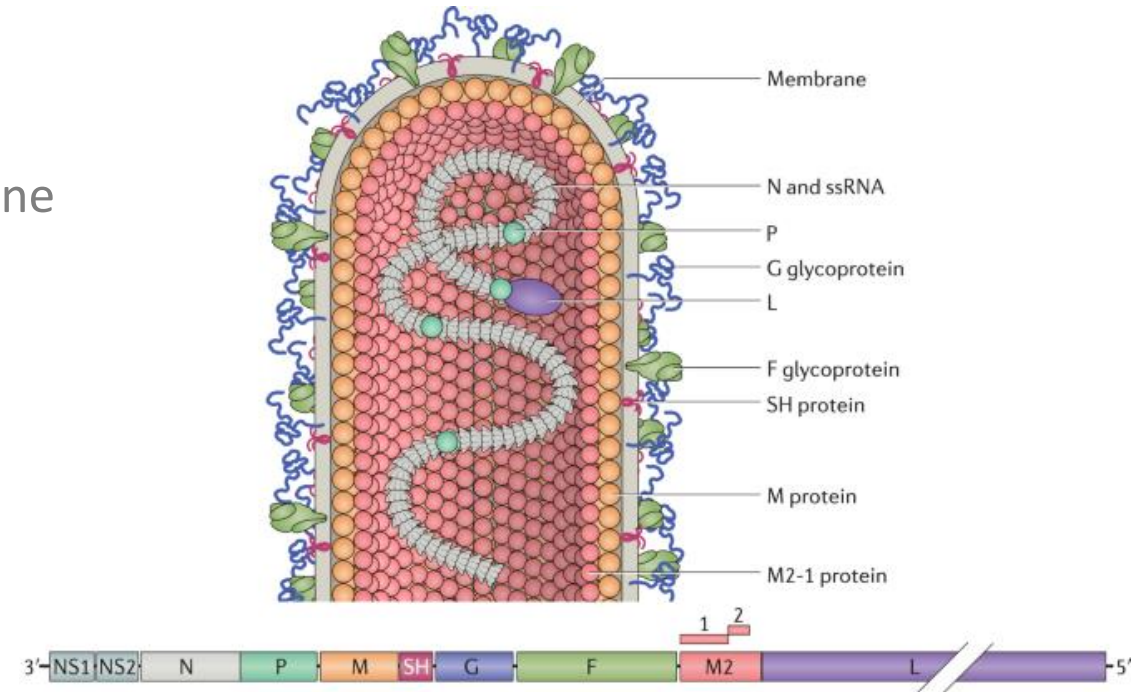
Global perspective: RSV-B sequences 2019-2023 on Nextstrain → all lineage GB5.0.5a / genotype B6



# Molecular epidemiological analysis of HRSV: WGS

Need for more extensive sequencing data:

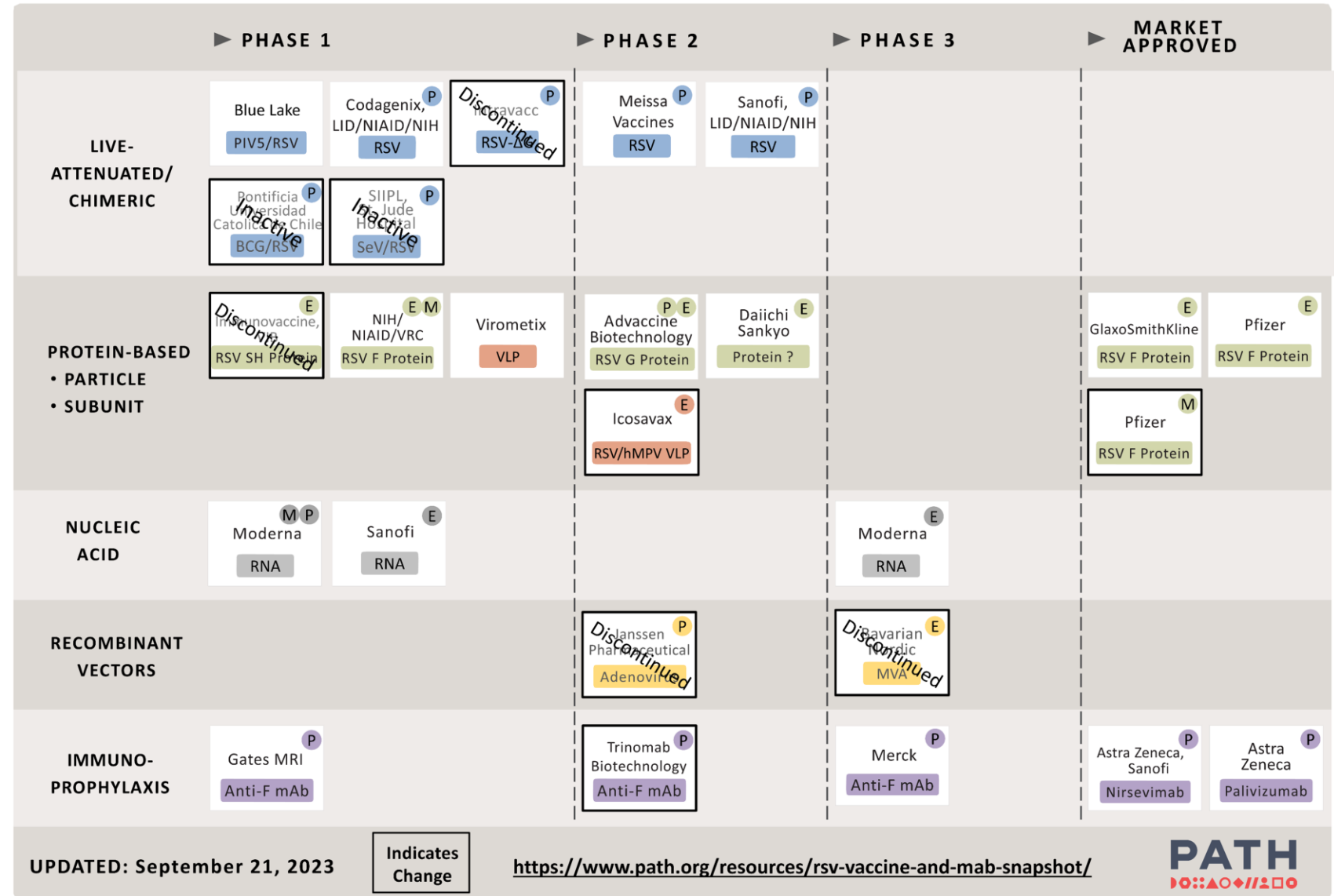
- RSV vaccines & monoclonal Abs target F protein: surveillance for vaccine/Ab escape mutations in F gene



# RSV Vaccine and mAb Snapshot

TARGET INDICATION: P = PEDIATRIC M = MATERNAL E = ELDERLY

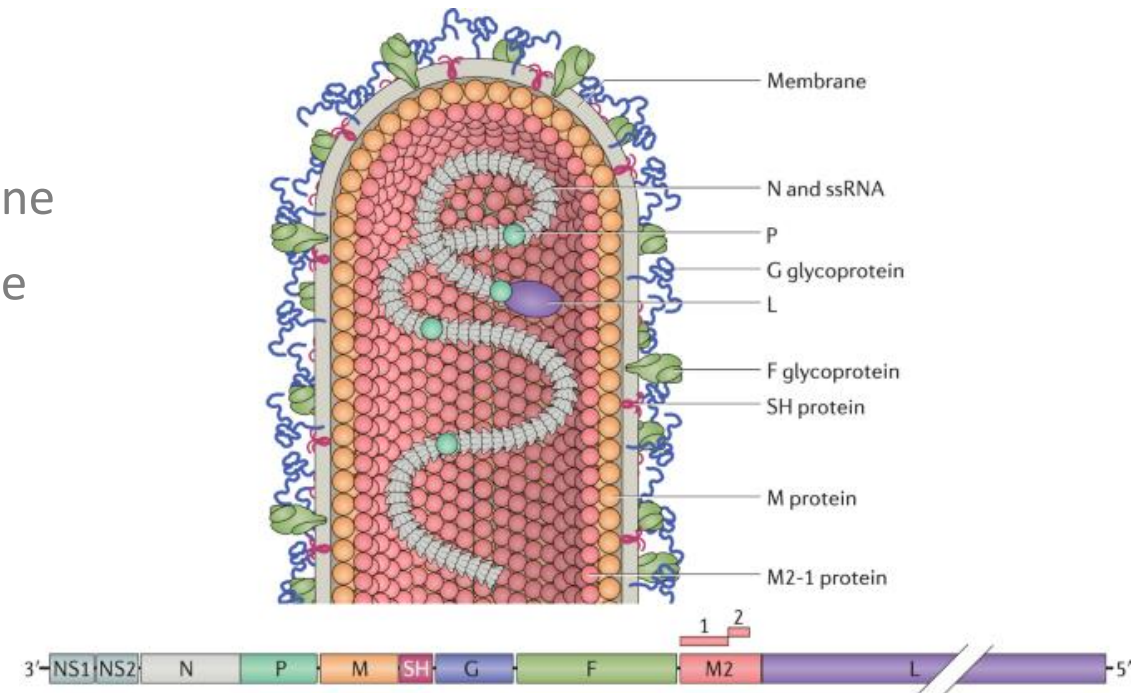
- Vaccines:
  - Arexvy (GSK): elderly
  - Abrysvo (Pfizer): elderly, pregnant women
- Immunoprophylactics:
  - Palivizumab (Synagis<sup>®</sup>, AstraZeneca)
  - Nirsevimab (Beyfortus<sup>®</sup>, AstraZeneca)



# Molecular epidemiological analysis of HRSV: WGS

Need for more extensive sequencing data:

- RSV vaccines & monoclonal Abs target F protein: surveillance for vaccine/Ab escape mutations in F gene
  - Increasing knowledge on effects of mutations outside G and F on RSV evolution and Ab-based prevention strategies
  - Reliable phylogeny: at least complete G-gene  
Clear genotype demarcation: complete genome
- New consensus classification system:
- phylogeny based on complete RSV genome
  - signature AA changes



- ➔ Whole genome sequencing for RSV: - currently being optimized in collaboration with ONT  
- representative subset of circulating strains

# Request for RSV positive samples for typing

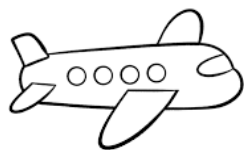
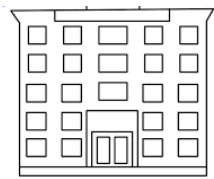
- Request to send **RSV positive samples for molecular typing**
- Criteria:
  - Ct  $\leq$  20
  - Minimal volume of 700 microliters
  - Selection of 10 samples per season – ideally based on age:
    - <6 years age group: 5 samples
    - >65 years age group: 3 samples
    - Remaining 2 samples randomly from individuals aged 6-65 years
  - **Epidemiological surveillance <-> outbreak context**
- **NRC application form will be adapted** to also collect information on:
  - Details on PCR and obtained Ct value at the sending laboratory
  - Vaccination status of the patient
  - Use of monoclonal antibodies for infants
  - Addition of ‘RSV molecular typing’ as test: criteria and context



# Detection and surveillance of respiratory pathogens in environmental samples: surveillance of wastewater

# Respiratory viruses in environmental samples

- Broad detection of respiratory viruses in environmental samples as a complementary approach
  - strengthen the surveillance of respiratory pathogens
  - evaluate early warning signs
  - increase representativeness of the surveillance
- Air samples: collective sample at room/building level
- Wastewater samples:
  - respiratory viruses detectable in sewage water: eg. SARS-CoV-2, also other.
  - collective sample: 1 building/airplane/... → large geographical area's





# Respiratory viruses in environmental samples: sewage

- Leuven
- Kessel-Lo
- Heverlee
- Wilsele
- Wijgmaal
- Bertem
- Herent
- Linden



→ 8 different municipalities: +/- 120.000 inhabitants

Time-proportional automated sampler: 50 ml every 10 min → 500 ml 24-hour influent wastewater

# Respiratory viruses in environmental samples: sewage

Two year follow up: respiratory viruses in wastewater in comparison to clinical samples UZL

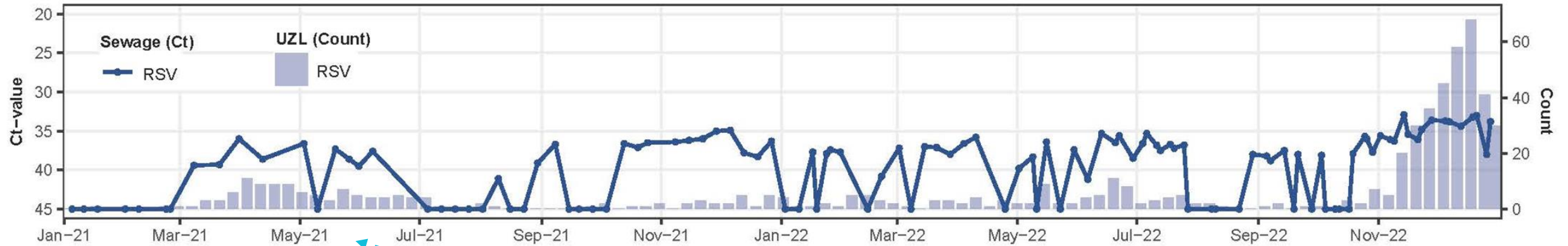
- wastewater:
  - PMMoV: control
  - respiratory panel: Ct values
- # positive clinical samples:
  - hospitalized patients
  - oro- and nasopharyngeal swabs, bronchial/endotracheal aspirates, bronchoalveolar lavages



Typical seasonal respiratory viruses:

fluctuations in wastewater  $\approx$  positive samples in UZL and epidemiological data Sciensano

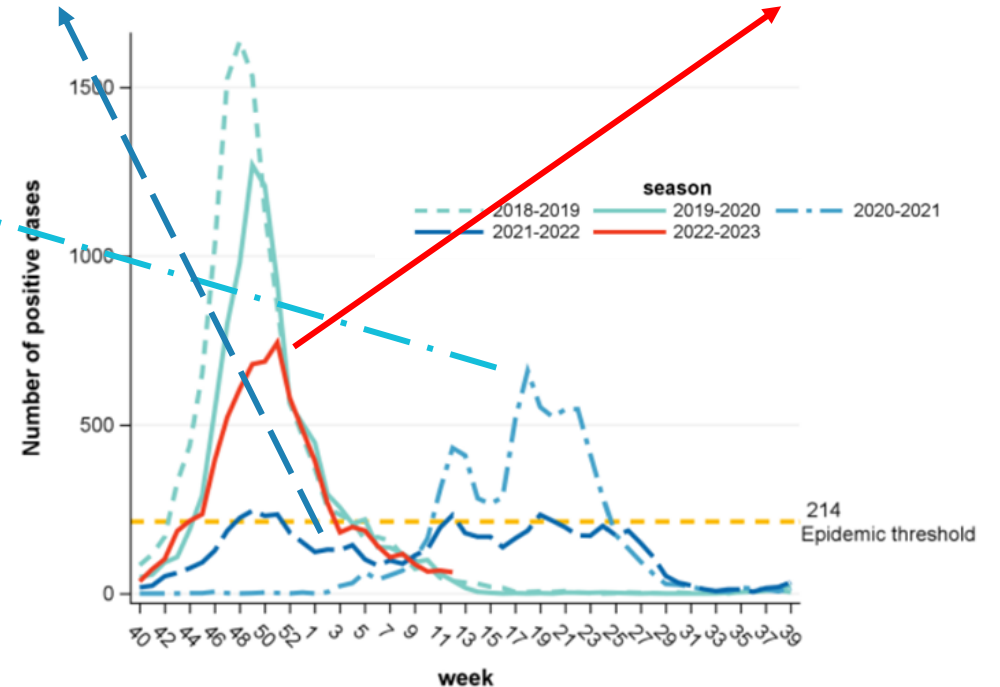
# Respiratory viruses in environmental samples: sewage



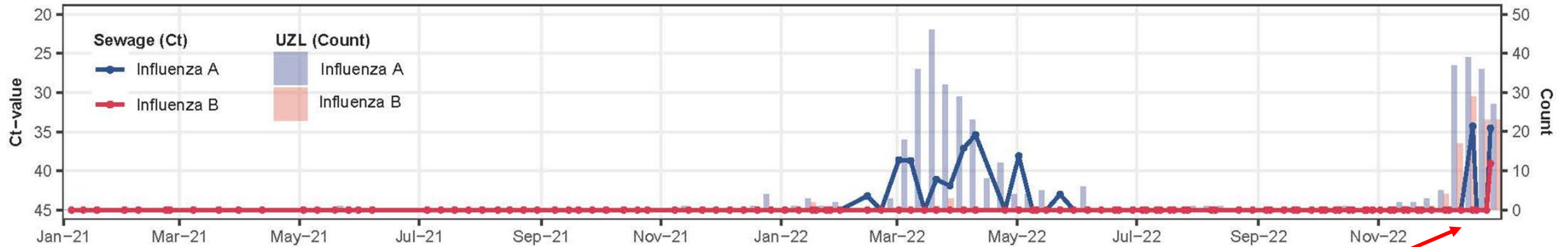
- RSV in wastewater:

in accordance with # positive cases in UZL (bleu bars) and # positive test in sentinel labs (graph Sciensano)

- RSV peak in spring 2021
- low, continuous presence fall 2021 to July 2022
- RSV peak in fall 2022



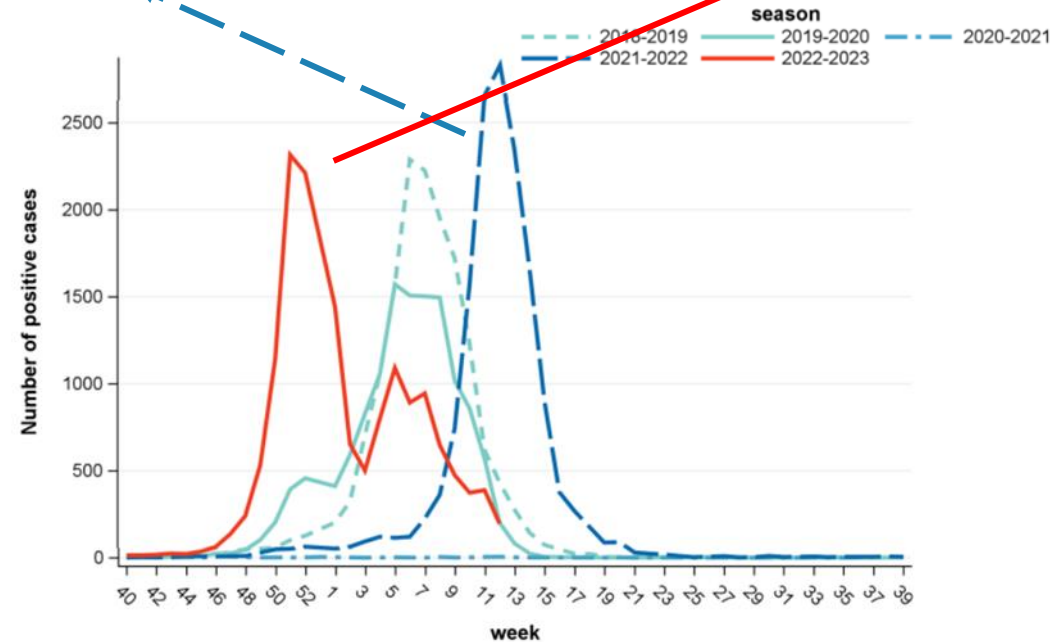
# Respiratory viruses in environmental samples: sewage



- influenza in wastewater:

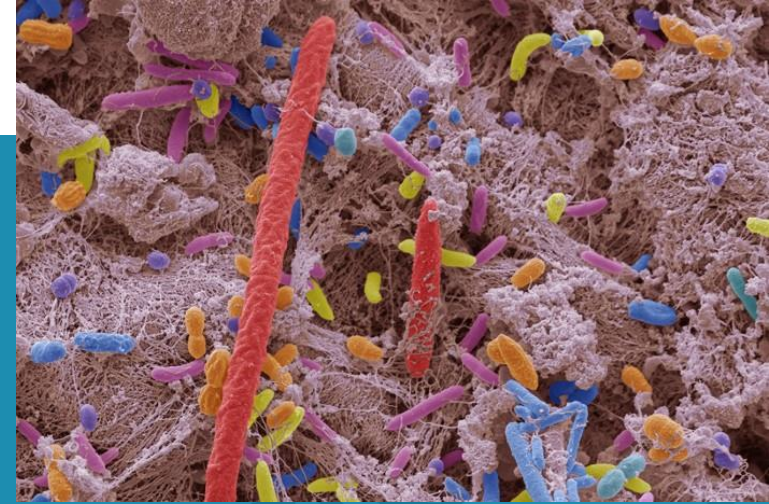
in accordance with # positive cases in UZL (bleu/red bars) and # positive test in sentinel labs (graph Sciensano)

- almost no influenza during winter 2020-2021
- late influenza peak season 2021-2022 (spring 2022), 99% infl A
- start influenza epidemic in Dec 2022, co-circulation infl A&B



# Indoor air microbiology, a precision tool for the surveillance of pathogens present in the air

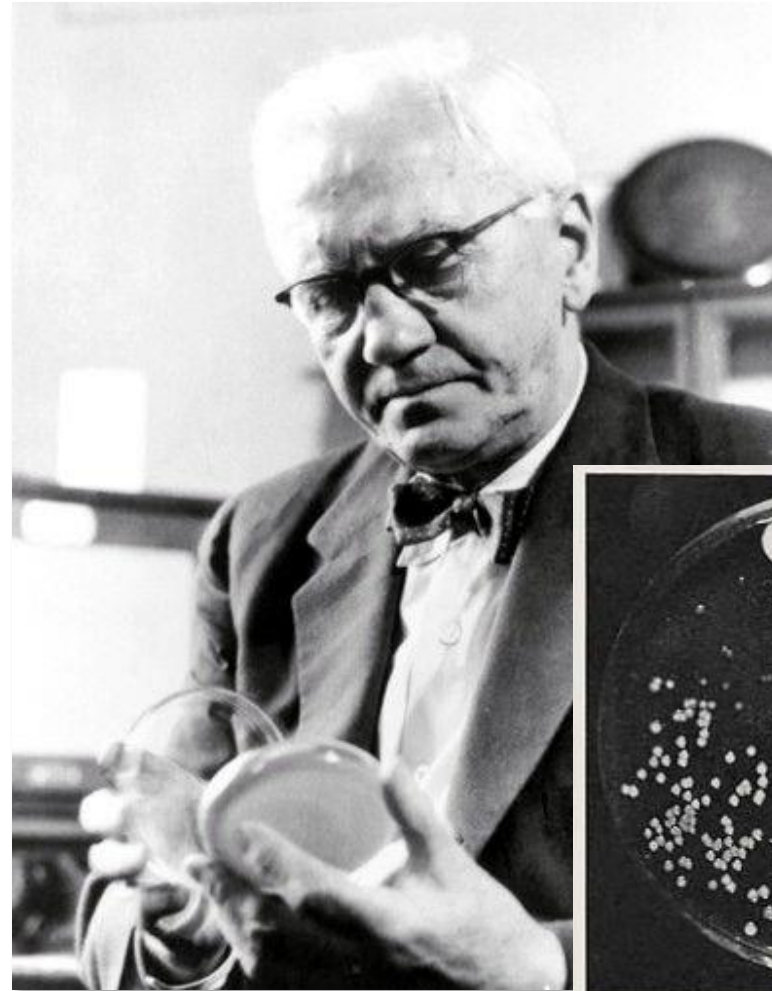
An alternative for invasive and costly individual sampling?



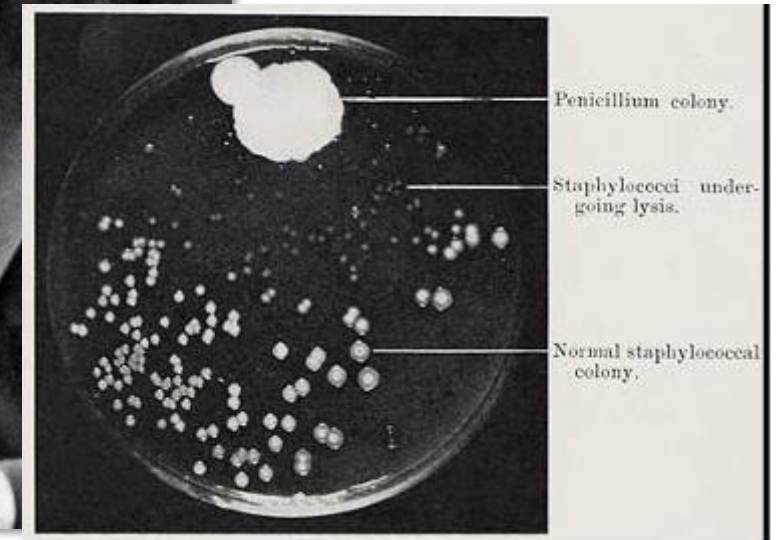
# Indoor air microbiology: nothing new here!



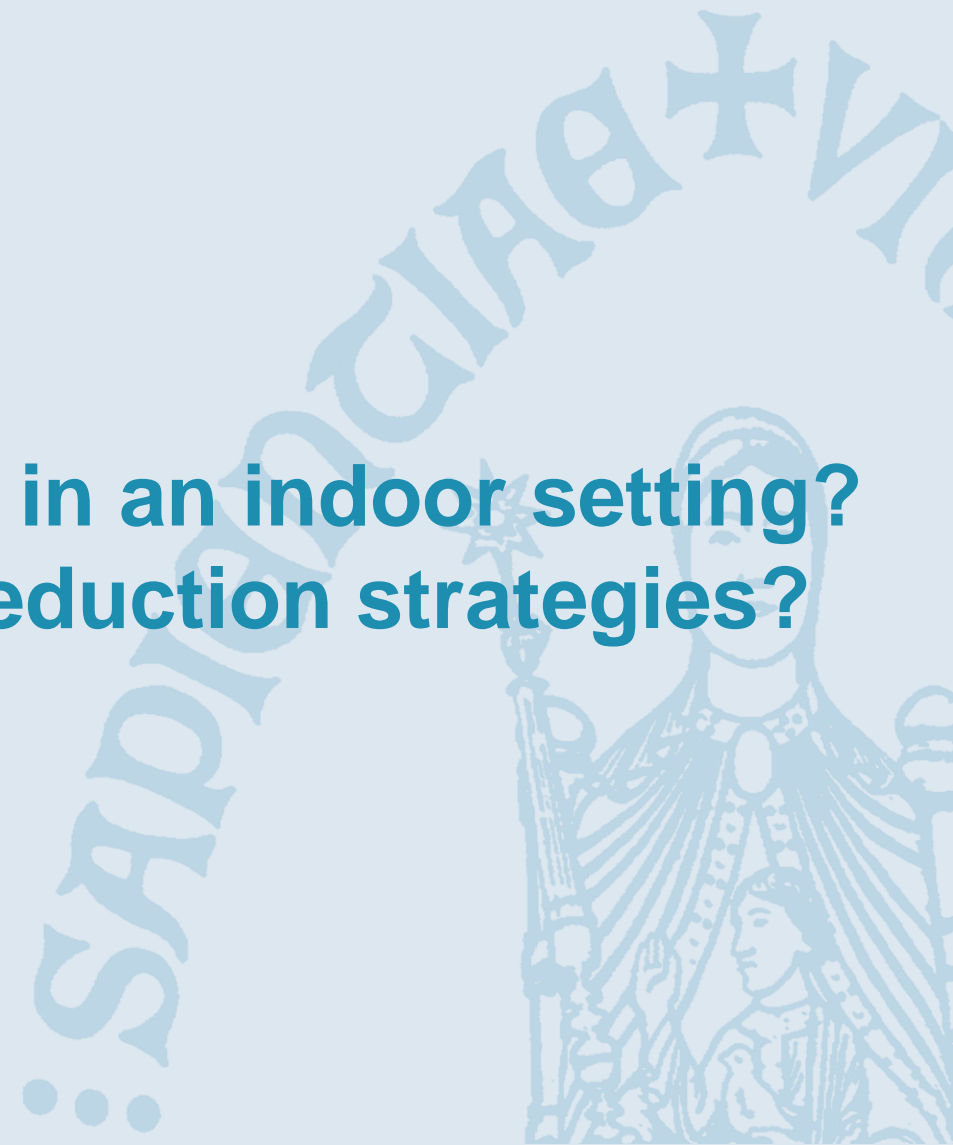
**Authentic 16th century plague doctor mask preserved and on display at the Deutschen Medizinhistorischen (German Museum of Medical History) in Ingolstadt**



1928



**Can we measure the risk of infection in an indoor setting?  
Can we measure the impact of risk-reduction strategies?**



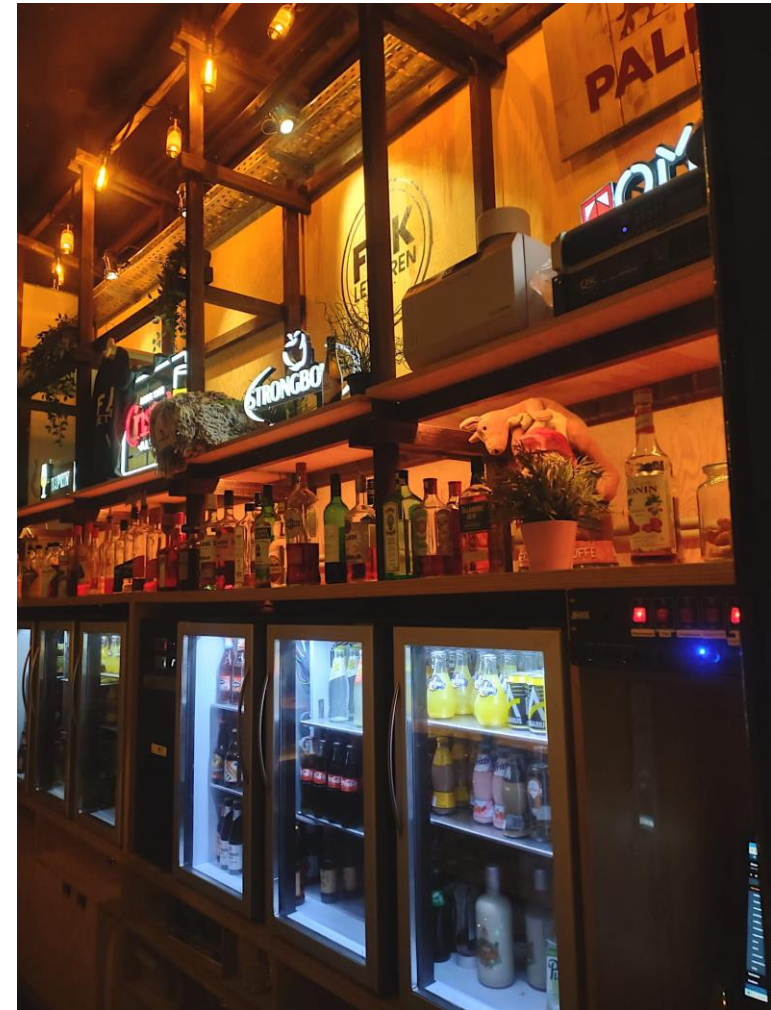
Article | [Open Access](#) | [Published: 11 March 2023](#)

## Indoor air surveillance and factors associated with respiratory pathogen detection in community settings in Belgium

[Joren Raymenants](#) , [Caspar Geenen](#), [Lore Budts](#), [Jonathan Thibaut](#), [Marijn Thijssen](#), [Hannelore De Mulder](#), [Sarah Gorissen](#), [Bastiaan Craessaerts](#), [Lies Laenen](#), [Kurt Beuselincx](#), [Sien Ombelet](#), [Els Keyaerts](#) & [Emmanuel André](#)

[Nature Communications](#) **14**, Article number: 1332 (2023) | [Cite this article](#)

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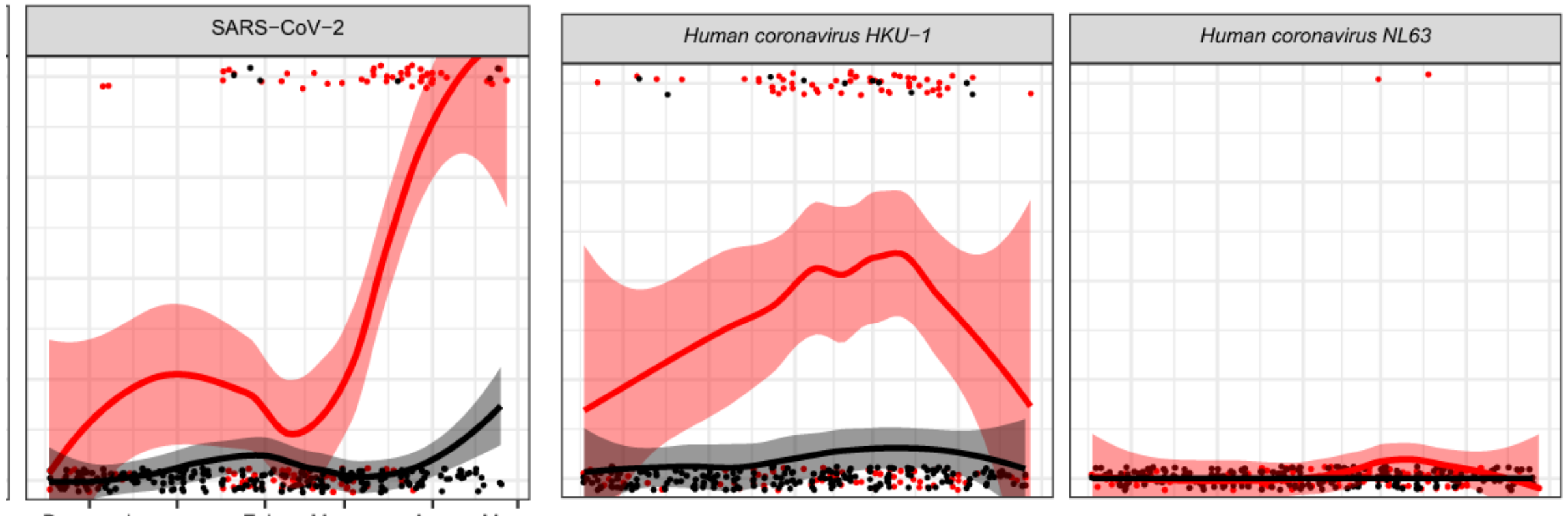


# Pathogen concentration and air quality

	<b><i>p</i>-value</b>	<b>Coefficient and 95% CI</b>
CO <sub>2</sub>	<0.0001	-0.08 (CI -0.12 to -0.04) per increase of 100 ppm
Portable air filtration	0.0005	0.58 (CI 0.25-0.91)

qPCR Ct of positive samples, 29 pathogens in a linear regression model

# Positivity rates from indoor air of a nursery (red) and a nearby hospital (grey)



**Can indoor air surveillance be incorporated in the architectural design of public spaces?**

**Can we monitor the epidemiology and anticipate outbreaks in targetted (vulnerable) populations?**

# Can indoor air surveillance be incorporated in the architectural design of public spaces?

## Preprints with THE LANCET

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## Centralised Air Sampling from a Ventilation System for the Surveillance of Respiratory Pathogens

17 Pages • Posted: 10 Oct 2023

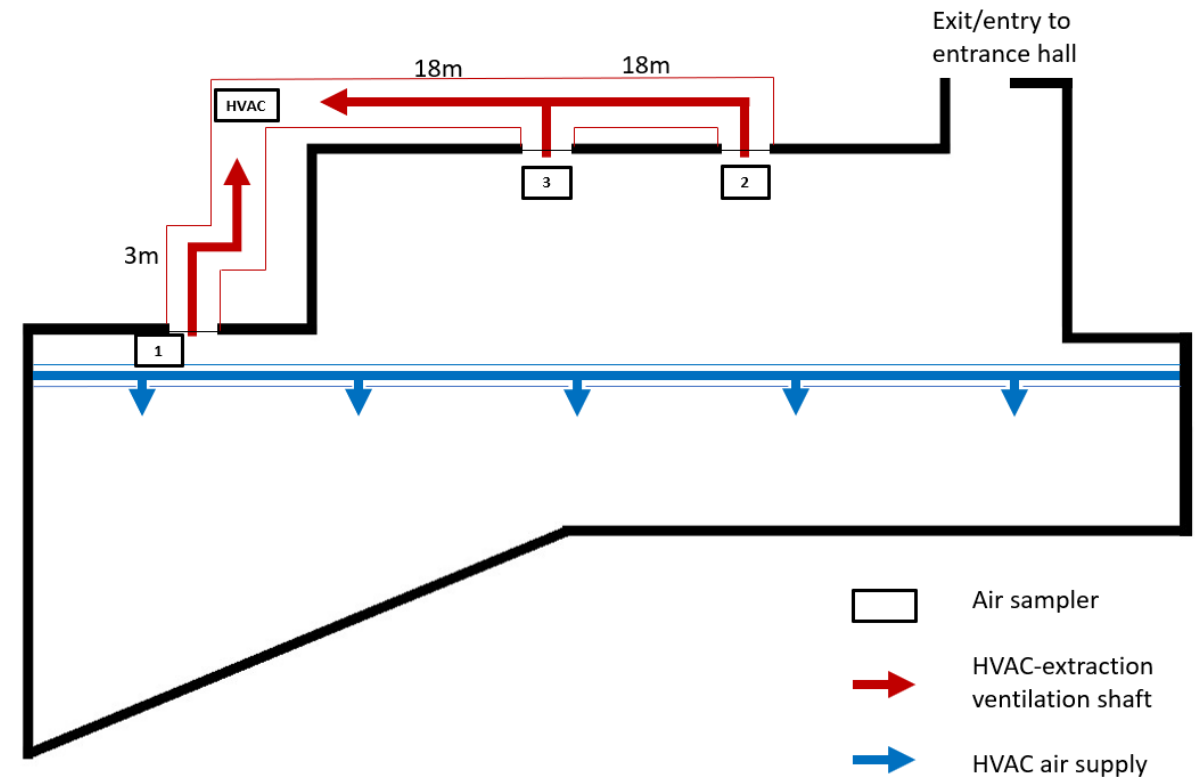
Michiel Happaerts

KU Leuven

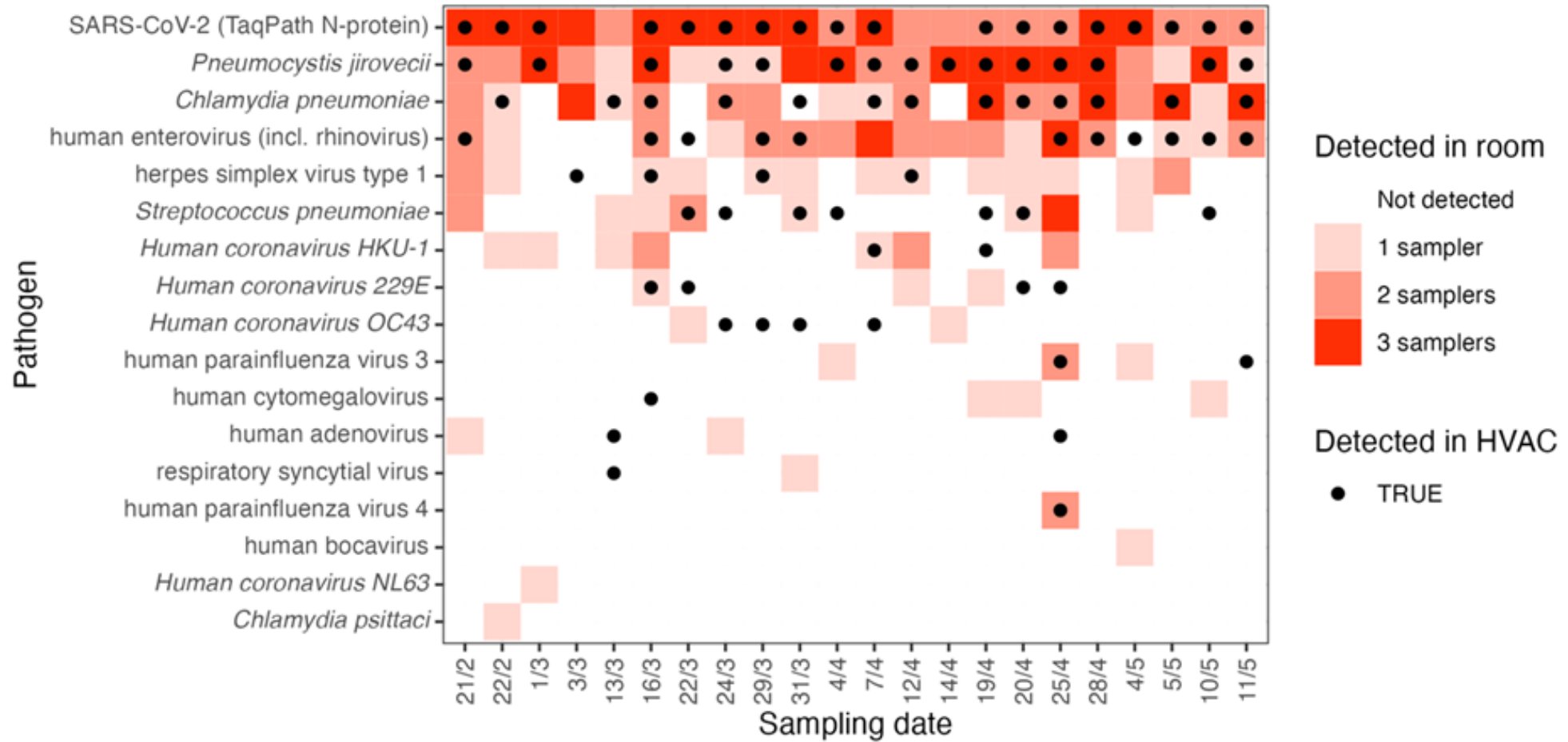
Caspar Geenen

KU Leuven

M...



# Results



# Can we monitor the epidemiology and anticipate outbreaks in targetted (vulnerable) populations?



Air sampling

+



Used paper tissues

Correlation?



# Air sampling and individual samples

- Childcare setting
  - Regular attendees (children 0-3 years)
  - Weekly air sampling
  - Paper tissue sampling: 21 participants
  - PCR: respiratory panel

