

What to expect after a breast biopsy?

patient information

BIOPSY (PUNCTURE)

If the radiologist detects an abnormality in the imaging of your breast, a biopsy or puncture will be performed. This allows the nature of the lesion to be determined through further microscopic examination. Depending on the type of lesion, the doctor will choose the most appropriate biopsy method. This procedure is sometimes performed under local anaesthetic, depending on the type of puncture.

The **results** will be available after four to five working days and are sent to the referring doctor who requested the mammogram or ultrasound.

Complications from a biopsy are very rare. You may experience pain or bruising at the puncture site but this usually goes away without treatment. If needed, you may take pain relief medication for this. Applying ice to the painful area may also alleviate your symptoms.

For any other complaints, always contact your GP or the multidisciplinary breast centre at UZ Leuven.

DISCUSSION OF THE RESULTS

If you haven't scheduled an appointment after your biopsy, it is important **to make one to discuss the results** approximately **one week following the procedure**. This can be done with the referring doctor who requested the mammogram or ultrasound, or with a doctor of the multidisciplinary breast centre. It is important for a doctor to explain the results of the tissue analysis and radiological examination to you. Over time, you can also view the results yourself via the **mynexuzhealth** app or website.

More information is available on www.uzleuven.be/en/mynexuzhealth or by scanning the QR code.



Making an appointment at the multidisciplinary breast centre in UZ Leuven

- At the counter of the oncology consultation (Green street, gate 1, level 1) or by telephone (tel. 016 34 66 70, available between 8 a.m. and 4 p.m.)
 - You can also contact them for questions regarding the scheduling of consultations and examinations.
- If you have a preference for a specific breast specialist, you can let them know. If no preference is indicated, the next available consultation will be proposed to you.

What should you bring to the consultation?

- Write down your questions before the consultation, so you can go over everything with the doctor or specialist nurse.
- Make a list of any medication you are taking (name product + dosage) and whether you require prescriptions for them.
- Bring any certificates or documents that need to be completed (e.g. for your employer).
- The code of the examination and previous examinations conducted at another centre (if available). It is best to submit this code to the consultation counter to add these examinations to your file

For questions you can contact your GP or the consultation staff.

CARE PATHWAY SUPPORT AT THE MULTIDISCIPLINARY BREAST CENTRE

Do you have a question for a nurse or social worker of the multidisciplinary breast centre? The care coordinators are the point of contact for you and your family and provide nursing and psychosocial support.

- Social work: tel. 016 34 29 18 (week days from 9 a.m. to 4 p.m.)
- Nurse: tel. 016 34 29 29 (week days from 9 a.m. to 4 p.m.)
- Email: trajectbegeleiding.mbc@uzleuven.be

More information is available on
www.uzleuven.be/nl/multidisciplinair-borstcentrum-mbc
or by scanning the QR code.



For medical questions, please contact your GP first.