

Aftercare following pediatric cataract surgery (lensimplant)

AT HOME

- The eye may be **sensitive** during the first 3 to 4 days after surgery. If your child is experiencing pain, you may give paracetamol every 6 hours. If needed, ibuprofen may also be administered up to three times daily (from 3 months of age and according to body weight).
- The eye is more vulnerable during the first week after surgery. Therefore, place a **protective eye shield** over the eye at night during the first week. Try to **prevent** your child from **rubbing their eyes**.
- The day after surgery, your child may gently wash their face. **Showering and bathing** are also **permitted**, but during the first three days, avoid getting water, soap, or shampoo directly into the eye.
- Eye drops are best administered as follows:
 - Lay your child flat on their back.
 - Place one drop in the inner corner of the eye.
 - The drops will naturally cause your child to blink, allowing the medication to enter the eye.
- For the **first 4 weeks** after surgery, your child should **not swim or play in a sandbox**, to prevent dirty water or sand from entering the operated eye.
- Your child may return to daycare or school as soon as they have sufficiently recovered from the surgery.

EYE DROP SCHEDULE

Tobradex

4 x a day for 1 week
3 x a day for 1 week
2 x a day for 1 week
1 x a day for 1 week

Atropine 0.5% of 1%

1 x a day for the 3 first days, then 1x a week

Further information on how to apply eye drops can be found in the brochure entitled 'Eye drops and ointment' at www.uzleuven.be/en/brochure/700730.

IN THE EVENT OF PROBLEMS, OR IF YOU REQUIRE ADDITIONAL INFO

- You can contact the switchboard on 016 33 23 70 at any time during the day. They will connect you to the ophthalmologist.
- From 18.00 o'clock onwards and during the weekend, you can contact the ophthalmologist on call via the switchboard on 016 33 22 11.