

## Dagziekenhuis 2: concise checklist

Read all practical information about Dagziekenhuis 2 at:

[www.uzleuven.be/dagziekenhuis-2](http://www.uzleuven.be/dagziekenhuis-2)

### Hygiene

- ☐ Wash yourself thoroughly the evening before or on the day of the procedure. Your doctor will inform you if you need to use a special soap.
- ☐ Only shave the surgical area if instructed by your doctor. In some cases, shaving is not allowed to prevent local skin infections. If necessary, hair removal will be done at the day hospital.
- ☐ Remove all makeup, nail polish, artificial or gel nails, jewellery, and piercings.

### Fasting (full details on [www.uzleuven.be/nuchter](http://www.uzleuven.be/nuchter))

- ☐ Strictly follow the instructions given by phone. You may have to fast from midnight.
- ☐ For babies who must fast, the following strict rules apply:
  - o Breastfeeding is allowed up to 4 hours before the procedure.
  - o Formula milk is allowed up to 4 hours before the procedure.
- ☐ Bring bottle feeding for your baby to the hospital; you can give it after the procedure.

### What to bring

- ☐ Identity card
- ☐ Hospitalisation insurance card
- ☐ Any required forms and certificates to be completed
- ☐ Your regular medication in its original packaging
- ☐ Any allergy card or list
- ☐ The completed informed consent form and questionnaire (if you had to fill them in at home and could not send them in on time – at least 7 days before your procedure)

### Important information

- ☐ Wear comfortable clothing
- ☐ Leave valuables at home
- ☐ Do not wear contact lenses on the day of the procedure. Bring your glasses case.
- ☐ Limit your luggage (to enough for 1 day, no larger than hand luggage).
- ☐ If you are scheduled to stay longer than one day, have your accompanying person bring your luggage to your hospital ward.
- ☐ Feel free to bring a book, stuffed toy, music player, or tablet... Wi-Fi is available.
- ☐ **Arrange your transport home** after the operation. You may only leave under supervision. Driving a vehicle (including a bicycle) is prohibited for the first 24 hours after surgery.
- ☐ Ensure you'll be under the supervision of an adult for the first 24 hours after returning home.
- ☐ Do you take blood thinners or other home medication? Follow the doctor's instructions.