Belgian Association of Regional Anesthesia (BARA) and European Society of Regional Anesthesia (ESRA).

Marc Van de Velde, MD, PhD, EDRA
Professor of Anaesthesia, Department Cardiovascular Sciences, KU Leuven
Chair Department of Anaesthesiology, University Hospitals Leuven (UZL)
Leuven, Belgium
Marc.vandevelde@uzleuven.be
BARA

- Official representative of ESRA in Belgium and Luxemburg.
- Currently > 500 members.
- Website: www.bara2001.be
Goals

• The purpose of this new association was to stimulate the development of and teaching in regional anesthesia techniques in its broadest sense.

• To promote research into regional anesthesia in its broadest sense.
Democratic structure

- Members elect the BARA board.
- BARA board: 12 members.
- 1/3 minimum University or non-University.
- 1/3 minimum French or Dutch speaking.
- Each year 1/3 of the board is renewed.
- Board membership is for 3 years.
- Board members can be re-elected.
- Board elects President, Secretary, Treasurer and Vice-President.
- President is term of maximum three years.
- Language rotation for Presidency.
Democratic structure: current board

- Margaretha Breebaart (margaretha.breebaart@uza.be) VICE-PRESIDENT
- Matthias Desmet (matthias.desmet@telenet.be)
- Pierre-Yves Dewandre (pydewandre@chu.ulg.ac.be) PRESIDENT
- Dimitri Dylst (dylstdimitri@gmail.com)
- Philippe Gautier (phil.gautier@skynet.be) ESRA Councillor
- Emmanuel Guntz (eguntz@ulb.ac.be)
- Patricia Lavand’homme (patricia.lavandhomme@uclouvain.be) SECRETARY
- Anne Pirson (anne.pirson@skynet.be)
- Luc Sermeus (Luc.Sermeus@uza.be) BVAR representative
- Filiep Soetens (filiep.soetens@skynet.be)
- Marc Van de Velde (marc.vandevelde@uzleuven.be) TREASURER
- Kris Vermeylen (kris.vermeylen@gmail.com)
Meetings

• Annual Meeting in September/October:
  15th Annual Meeting
  Regional Anesthesia for specific patient populations
  Square, Brussels
  October 10th 2015.

• Cadaver Workshop in January/February.
• OB Anesthesia Refresher Course (with NVA) in April rotation The Netherlands/Belgium.
• Local Meetings:
  – Avondsymposium Aalst: Pijnbeleid bij Arbeid en Sectio 18/06/2015

• 2017: Large European Obstetric Anesthesia Meeting in May in Brussels (Square) together with OAA and CARO, supported by Italian OB anesthesia and Swiss Association of Obstetric Anesthesia.
15th Annual Meeting
Regional Anesthesia for specific patient populations

Square, Brussels
October 10th 2015.
Guidelines.

- Belgian Guidelines and Recommendations for Safe Practice in Obstetric Anesthesia
- Belgian Guidelines and Recommendations for Safe Practice in Peripheral nerve blocks
- Belgian Guidelines concerning central neural blockade in patients with drug-induced alteration of coagulation
- Acta Anesthesiologica Belgica.
Research Grants.

• Every year the Belgian Association of Regional Anaesthesia (BARA) will award one or more research grants at the Annual Meeting to be held in October. Deadline for submitting proposals is July 31st. Proposals sent in after this date will be judged the year after.

• Grants amounting to 10,000 Euro.
Albert Van Steenbergehe Lecture

• Each year an invited speaker who has significantly contributed to Regional Anesthesia in its broadest sense is invited to lecture at our Annual Meeting and receive the honour of the commemorative Albert Van Steenberge lecture in recognition of his important contributions to the world of regional anesthesia.

• 2004: Prof. Gary Strichartz
2005: Prof. Felicity Reynolds
2006: Dr. Louis-Jean Dupré
2007: Dr. François Singelyn
2008: Dr. Gordon Lyons
2009: Dr. Mathieu Gielen
2010: Dr. Barry Nicholls
2011: Prof. Jose Carvalho
2012: Prof. Narinder Rawal
2013: Prof. Marcel Vercauteren
2014: Prof. Gerbrand Groen
2014 - onwards
Discussions ongoing with Baltic States, Russia and Serbia; Romania to join in 2016
2006 and before: < 500 members

Membership Development

<table>
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<th>Year</th>
<th>Members</th>
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<tbody>
<tr>
<td>2007</td>
<td>1465</td>
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<tr>
<td>2008</td>
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<td>2849</td>
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<tr>
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<td>2902</td>
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<td>Aug 2014</td>
<td>3012</td>
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ESRA COUNCIL and OFFICERS

• 4 Major Officers
• 7 Officers
• 17 Country Representatives
MAJOR OFFICERS

PRESIDENT
José De Andrés, Spain

GENERAL SECRETARY
Barry Nicholls, United Kingdom

TREASURER
Gert-Jan Van Geffen, The Netherlands

PAST-PRESIDENT
Marc Van de Velde, Belgium
PROFESSIONALISATION
ESRA OFFICE

CHIEF EXECUTIVE OFFICER
Florian Locatelli, Switzerland

EXECUTIVE ASSISTANT
Aline Christen, Switzerland
COMMITTEES

- Grants
- Scientific programme
- Abstracts
- Finance
- ESRA European Diploma (EDRA)
- Education
- E-Neswletter & Social Media
- Ambassador programme

WORKING PARTIES

- ASRA/ESRA Practice Advisory on Pediatric Regional Anaesthesia
- ESRA Certification of UGRA courses
- ESRA Registry on Safety & Effectiveness
- Pan-European Survey

Research Grants.
Guidelines.
Interactive educational website.
Journal: RAPM.
First Year – EDRA Part I

- 100 Multiple Choice Questions
- 2 hours examination
- 100 MCQ
- First day of the annual ESRA congress

Second Year – EDRA Part II

- 25 minutes oral examination on simulator and/or model
- One day prior to the annual ESRA congress
EDRA: Application evolution
EDRA passing rate evolution

<table>
<thead>
<tr>
<th>Year</th>
<th>EDRA Part 1</th>
<th>EDRA Part 2</th>
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<td>2006</td>
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<td>2012</td>
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<tr>
<td>2013</td>
<td>84%</td>
<td>60%</td>
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</table>
ESRA Annual Congresses

SCIENTIFIC PROGRAMME
The dynamic programme includes:
★ NEW Simulation Workshop
★ Symposia
★ Pro-Con Debates
★ Refresher Courses
★ Ask the Expert Sessions
★ NEW Problem Based Learning Discussions
★ Live Demonstrations
★ Cadaver Workshops
★ MORE Hands on opportunities

The scientific standard at the annual ESRA congress is now recognized as **one of the best in Europe** and as a result carries a high rating with the Accreditation Council for Continuing Medical Education, who assign credit hours to all ESRA congresses.
ESRA Annual Congresses

ABSTRACT TOPICS

- Central Nerve Blocks
- Peripheral Nerve Blocks
- Obstetric
- Postoperative Pain Management
- Chronic Pain Management
- Pediatric
- Case Reports
- Miscellaneous

BEST FREE PAPER/BEST E-POSTER COMPETITION

Papers may also be submitted for the ESRA Best Free Papers (residents only) and Best E-Poster Competition. Prizes are awarded to the top 3 papers in each category based on accumulated scores of both abstract and presentation. If you would like to be considered for Best Free Paper, please indicate this on your abstract submission form.
ESRA Winter Week Workshop

5 day workshop in January

LAST CHANCE TO JOIN US
January 18-23 Grindelwald, Switzerland
REGISTER NOW
ESRA Cadaver Workshops

2 day workshop in February and May
<table>
<thead>
<tr>
<th>Membership Type</th>
<th>Price</th>
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<tr>
<td>Full membership</td>
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<tr>
<td><strong>Members (citizens of Europe) from Upper-Middle or Lower-Middle Economies</strong></td>
<td>€50.00</td>
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<td>Including Online access only to RAPM Journal, Webcast and more!</td>
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<tr>
<td>List of specified countries on <a href="http://www.esraeurope.org">www.esraeurope.org</a></td>
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<tr>
<td><strong>Residents and Nurses</strong></td>
<td>€35.00</td>
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<tr>
<td>Including Online access only to RAPM Journal, Webcast and more!</td>
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<tr>
<td><strong>ASRA/ESRA joint membership</strong></td>
<td>€50.00</td>
</tr>
<tr>
<td>Join ESRA and access 50 Webcasted presentations and more!</td>
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</tbody>
</table>
Membership

- BARA only: 50 Euro consultants and 25 Euro trainees.
- ESRA membership only: 120 Euro consultants and 35 Euro trainees.
- BARA + ESRA: 165 Euro consultants and 55 Euro for trainees.
- BARA offers free membership for all third year trainees for both BARA and ESRA (and pays the membership to ESRA)
SAVE THE DATE
Join us in Portugal for our inaugural mono thematic event!

Obstetric Anaesthesia Refreshed
www.esraworkshops.com

SAVE THE DATE
35th Annual ESRA Congress 2016
Maastricht, The Netherlands
18-19 September, 2016

SAVE THE DATE
2017 Brussels
Square, Brussels Meeting Centre

Obstetric Anaesthesia
Brussels – A European congress:

Save the date!
18-19 May 2017

Promoting the health & safety of mothers and babies throughout Europe

For more information visit
www.oaa-anaes.ac.uk